

AVERTISSEMENT

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Alain FORET

illustra[®] pack 3

CONDITIONS D'ÉVOLUTION EN EXPLORATION EN PLONGÉE À L'AIR EN MILIEU NATUREL

Code du Site 1012

ESPACES D'ÉVOLUTION	APTITUDES À PLONGER ENCADRÉ	APTITUDES À PLONGER EN AUTONOMIE
6 m	DÉBUTANTS	
12 m	NIVEAU 1 P1-1	NIVEAU 1+ AUTONOMIE PA-12
20 m		PA-20
30 m		PA-30
	NIVEAU 3 P3-3*	PA-60

En l'absence du directeur de plongée, les plongeurs PA-60 peuvent organiser eux-mêmes leurs plongées en les limitant à 40 m, sous l'autorisation de l'exploitant et à la condition d'informer l'exploitant, avant la plongée, du choix du site. L'exploitant entérine ces décisions et assure la sécurité des plongeurs et le déclenchement des secours.

Supports de cours **Plongée plaisir** pour moniteurs

DOCUMENTATION

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CONTENU

Conditions d'utilisation

1. Photographies *Plongée Plaisir*

2. Schémas *Plongée Plaisir*

3. Signes de plongées

4. Icônes

5. Logos *Plongée Plaisir*

6. Couvertures *Plongée Plaisir*

7. Canevas de cours (.ppt)

CONDITIONS D'UTILISATION

Ce cédérom contient :

- l'essentiel des schémas (.png) des livres *Plongée Plaisir*, du niveau I au monitorat ;
- 50 photographies (.jpg) sur le monde sous-marin afin d'illustrer vos présentations ;
- des cours prêts à l'emploi que vous pouvez personnaliser (.ppt) ;
- une notice de présentation (Illustradoc.pdf).

Ces ressources pédagogiques sont mises à votre disposition pour que vous puissiez appuyer vos cours sur des illustrations claires, précises et homogènes avec celles des livres *Plongée Plaisir*.

Avec Illustra-pack version 3, vous pouvez :

- incorporer les schémas ou photographies dans vos cours (Powerpoint ®, Word ® ...) ;
- les projeter sur écran ;
- les projeter sur votre ordinateur ou sur une télévision.

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1. PHOTOGRAPHIES





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photos_020.jpg



Night FORET



Join For



© Alton FOLIO



Alain FORET



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Alan FRET



NEW FIDELITY



▶ ALTA FOREST



3 April 1994



► About FOR



Alain FORET



9. Again FORET



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STARTING POINT



W. J. FORET



A-Allyl RO



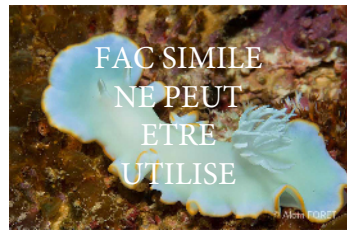
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• **Alotn FORE**



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* Akira FURET



* Alcatel FORE



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W. A. BOYER



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• **ALERT FOR**



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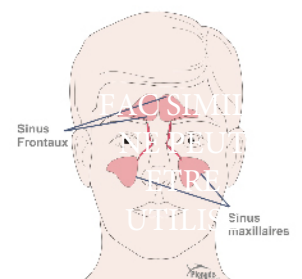
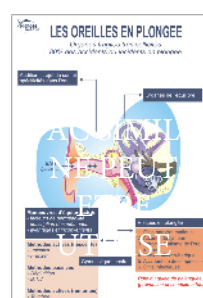
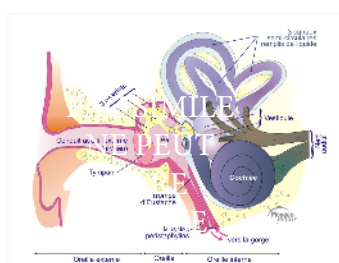
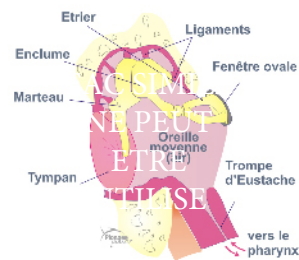
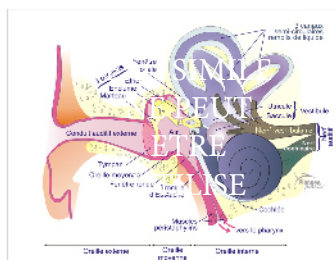
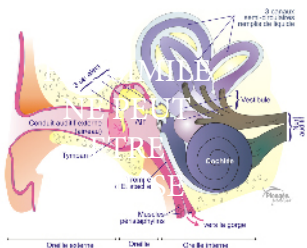
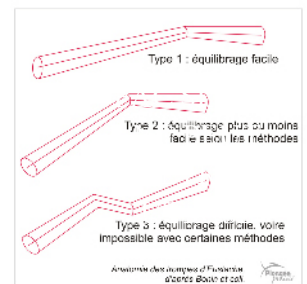
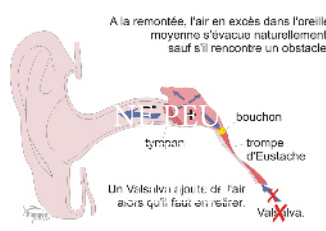
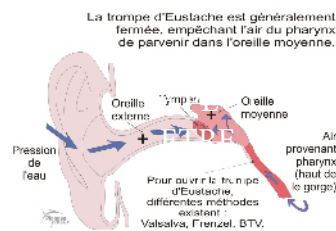
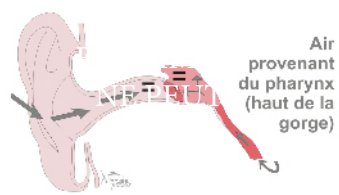
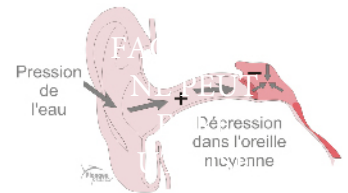
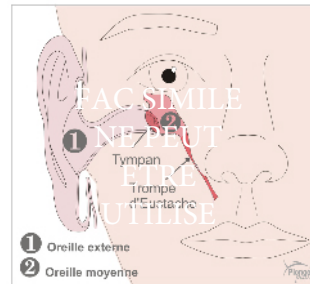
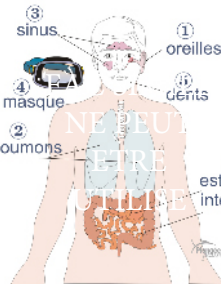
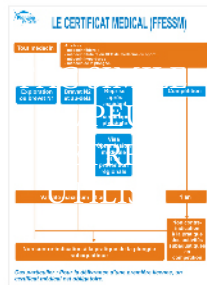
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2. SCHEMAS







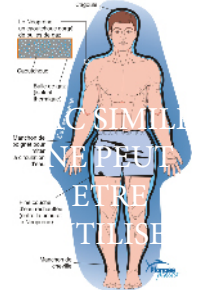
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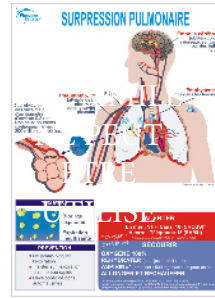
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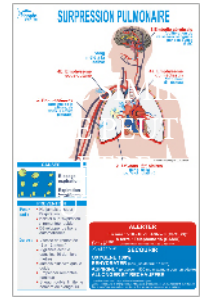
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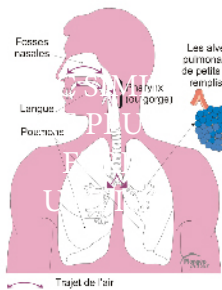
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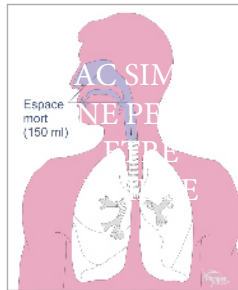
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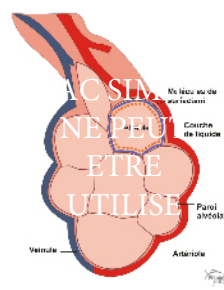
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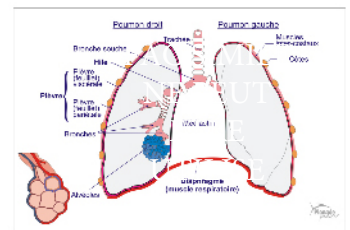
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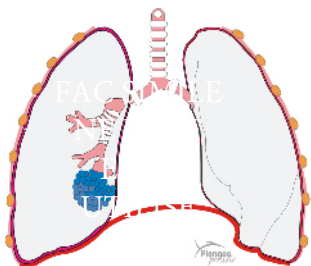
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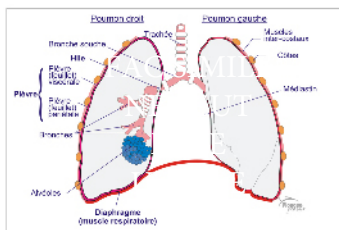
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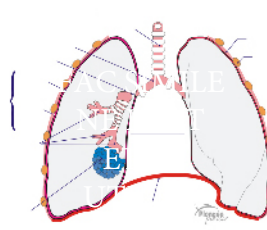
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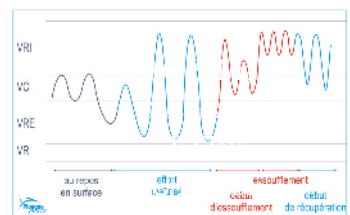
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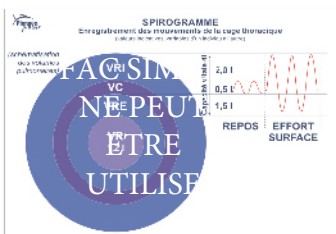
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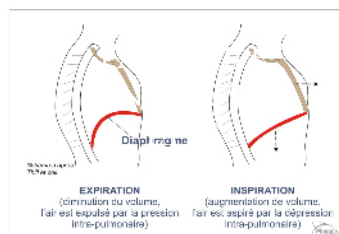
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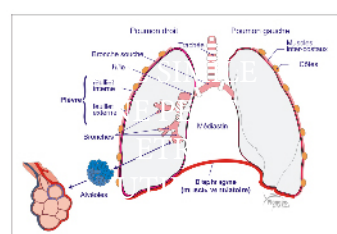
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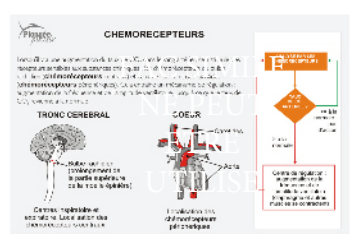
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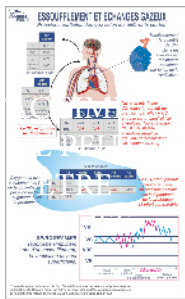
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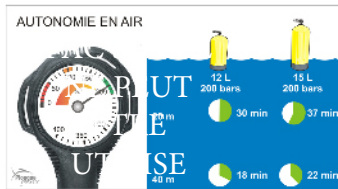
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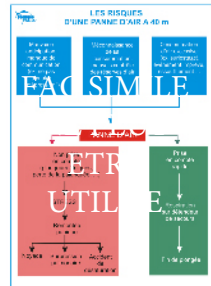
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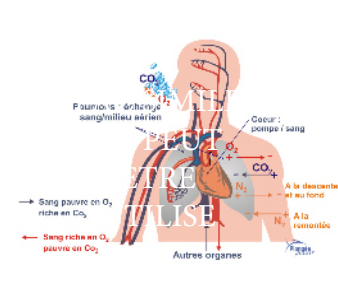
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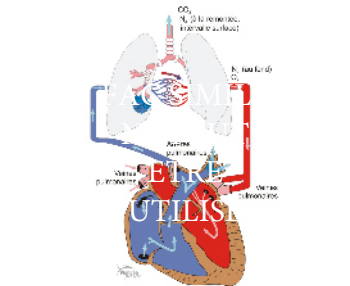
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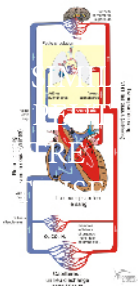
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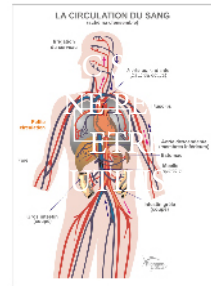
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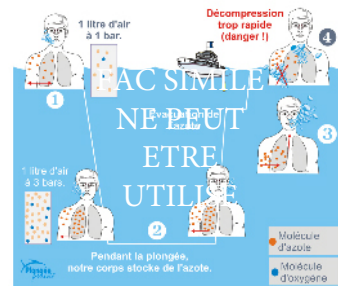
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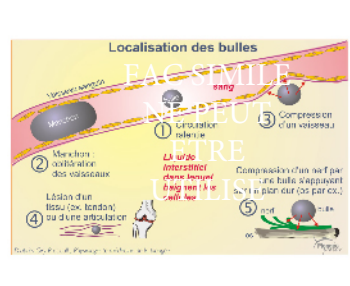
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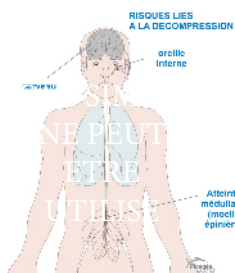
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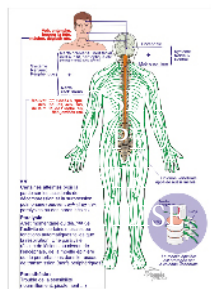
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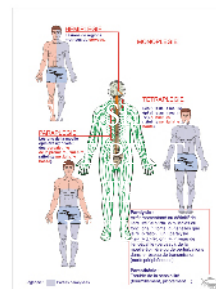
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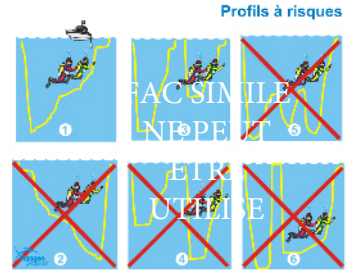
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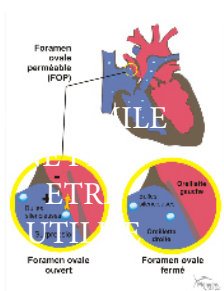
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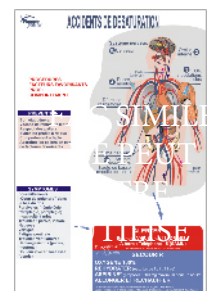
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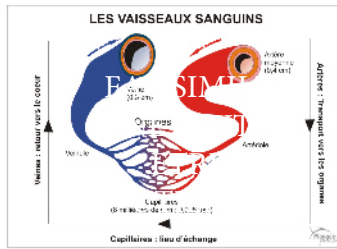
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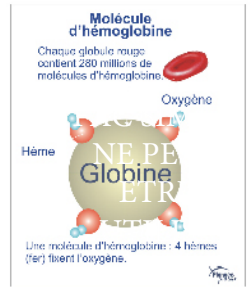
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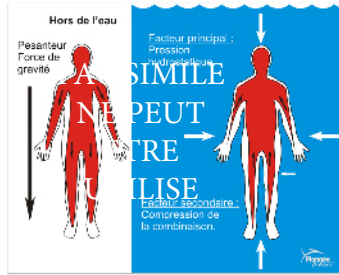
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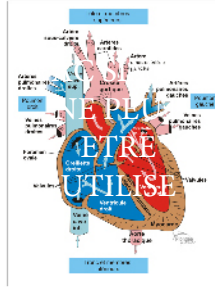
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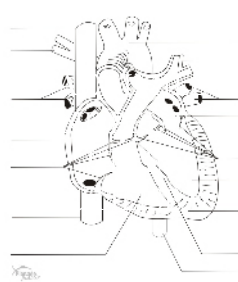
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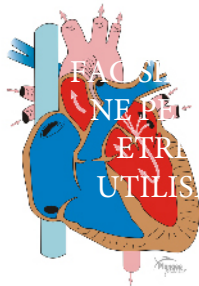
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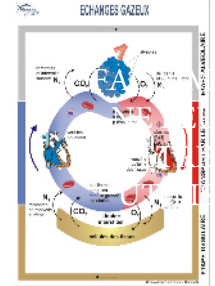
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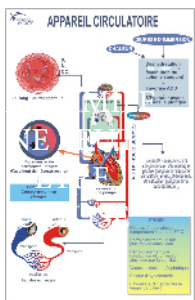
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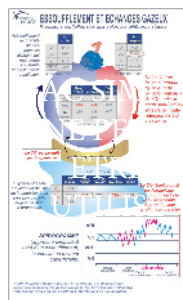
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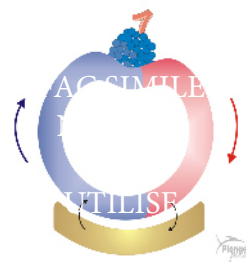
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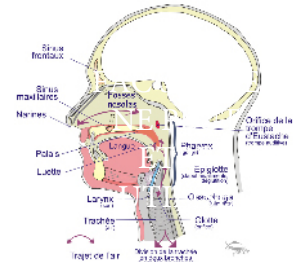
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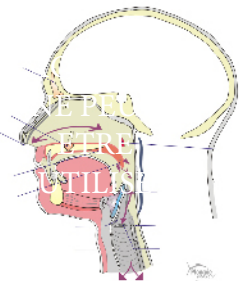
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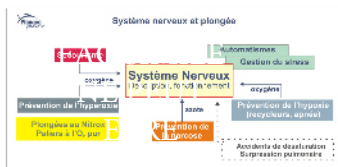
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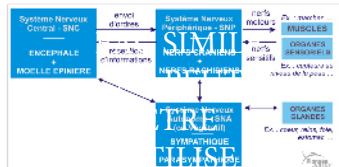
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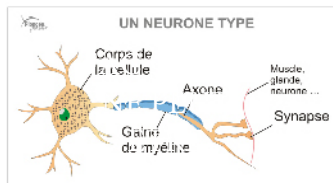
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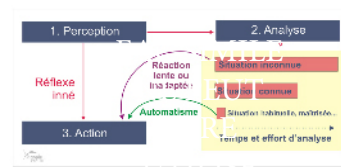
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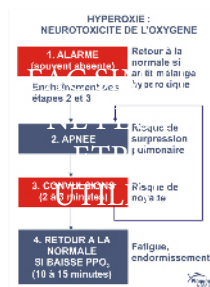
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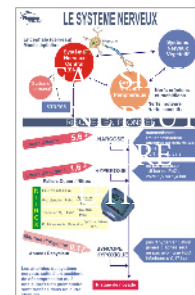
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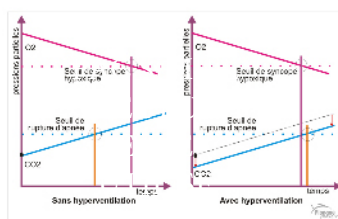
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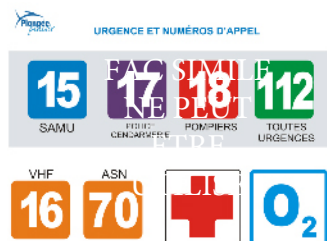
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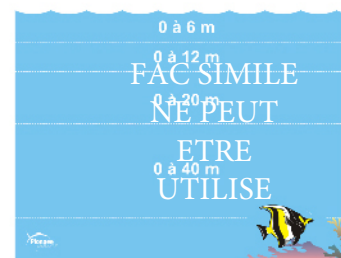
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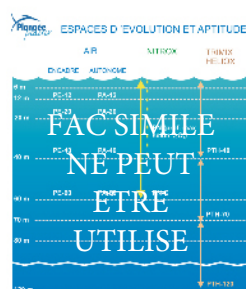
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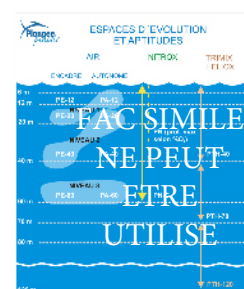
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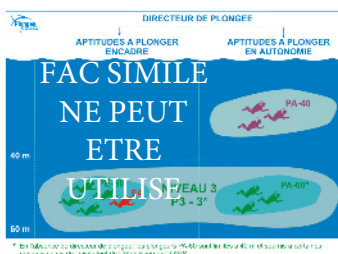
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ipack_107.png



ipack_108.png



ipack_109.png



ipack_110.png



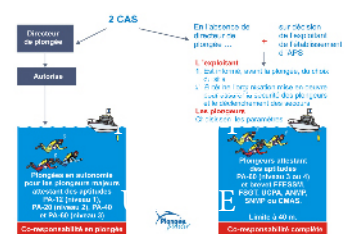
ipack_111.png



ipack_112.png



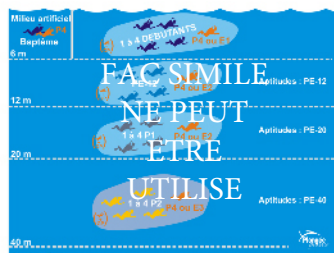
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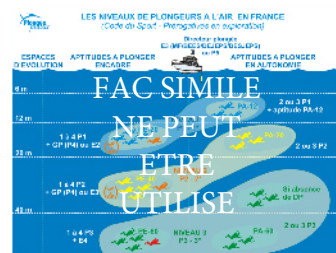
ipack_114.png



ipack_115.png



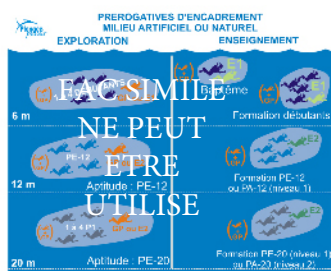
ipack_116.png



ipack_117.png



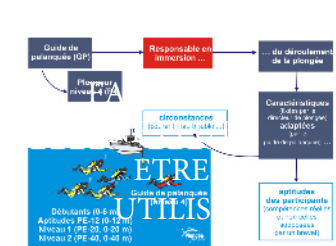
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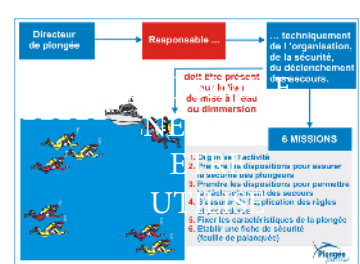
ipack_119.png



ipack_120.png



ipack_121.png



ipack_122.png



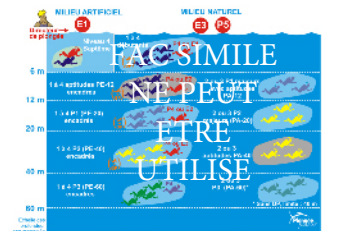
ipack_123.png



ipack_124.png

NIVEAU	MILIEU ARTIFICIEL				MILIEU NATUREL			
	0-20m	20-40m	40-60m	60-80m	0-20m	20-40m	40-60m	60-80m
1. 1 à 4 plongeurs								
2. 1 à 4 plongeurs								
3. 1 à 4 plongeurs								
4. 1 à 4 plongeurs								
5. 1 à 4 plongeurs								
6. 1 à 4 plongeurs								
7. 1 à 4 plongeurs								
8. 1 à 4 plongeurs								
9. 1 à 4 plongeurs								
10. 1 à 4 plongeurs								
11. 1 à 4 plongeurs								
12. 1 à 4 plongeurs								
13. 1 à 4 plongeurs								
14. 1 à 4 plongeurs								
15. 1 à 4 plongeurs								
16. 1 à 4 plongeurs								
17. 1 à 4 plongeurs								
18. 1 à 4 plongeurs								
19. 1 à 4 plongeurs								
20. 1 à 4 plongeurs								

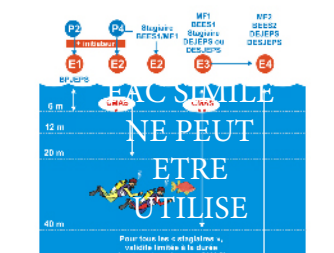
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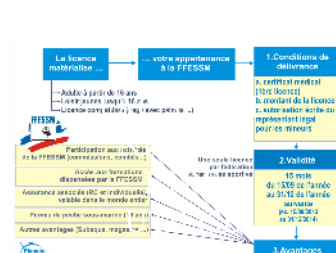
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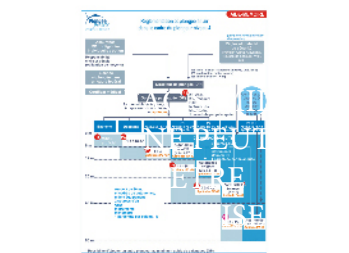
ipack_127.png



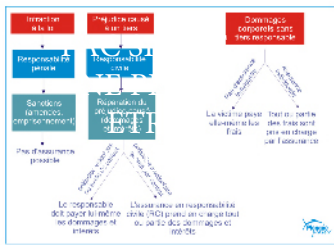
ipack_128.png



ipack_129.png



ipack_130.png



ipack_131.png



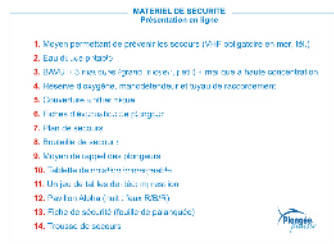
ipack_132.png



ipack_133.png

Tableau de données sur la pêche professionnelle

ipack_134.png



ipack_135.png



ipack_136.png



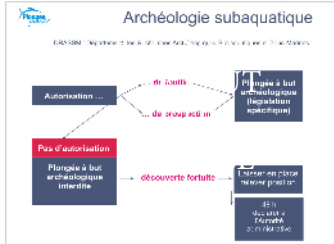
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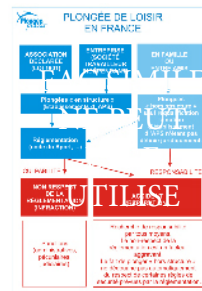
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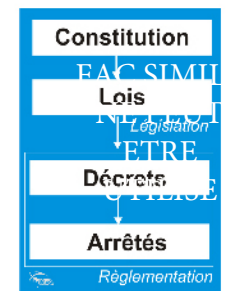
ipack_139.png



ipack_140.png



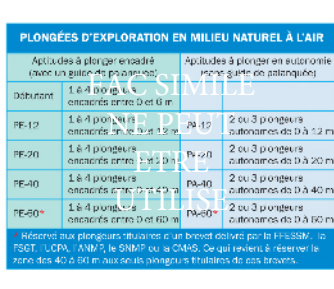
ipack_141.png



ipack_142.png



ipack_143.png



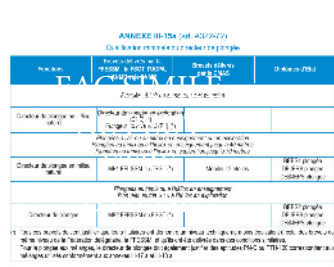
ipack_144.jpg



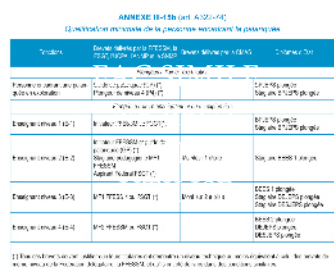
ipack_145.jpg

Tableau de données sur la pêche professionnelle

ipack_146.jpg



ipack_147.jpg



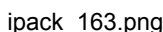
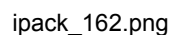
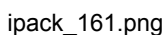
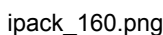
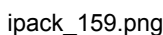
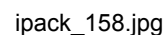
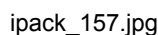
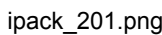
ipack_148.jpg



ipack_149.jpg

Tableau de données sur la pêche professionnelle

ipack_150.jpg

ipack_151.jpgipack_152.jpgipack_153.jpgipack_154.jpgipack_155.jpgipack_156.jpgipack 164.pngipack 165.pngipack 166.pngipack_167.jpgipack_168.jpgipack_202.png

Tableaux de plongée à l'air
 100' de Air à 15000 l/m²
 1 plongée avec 10 minutes de surface

ipack_203.png

Tableaux de plongée à l'air Marine Nationale 1990 (modifiés)
1. Produit de la pression absolue par la durée de la plongée

FAC SIMIL-F

α	5'	15'	30'	45'	1 h	1 h 15'	1 h 30'	1 h 45'	2 h	2 h 15'	2 h 30'	2 h 45'	3 h	3 h 15'	3 h 30'	3 h 45'	4 h	4 h 15'	4 h 30'	4 h 45'	5 h	5 h 15'	5 h 30'	5 h 45'	6 h	6 h 15'	6 h 30'	6 h 45'	7 h	7 h 15'	7 h 30'	7 h 45'	8 h	8 h 15'	8 h 30'	8 h 45'	9 h	9 h 15'	9 h 30'	9 h 45'	10 h																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
$\alpha = 0,04$	0,88	1,32	1,76	2,20	2,64	3,08	3,52	3,96	4,40	4,84	5,28	5,72	6,16	6,60	7,04	7,48	7,92	8,36	8,80	9,24	9,68	10,12	10,56	11,00	11,44	11,88	12,32	12,76	13,20	13,64	14,08	14,52	14,96	15,40	15,84	16,28	16,72	17,16	17,60	18,04	18,48	18,92	19,36	19,80	20,24	20,68	21,12	21,56	22,00	22,44	22,88	23,32	23,76	24,20	24,64	25,08	25,52	25,96	26,40	26,84	27,28	27,72	28,16	28,60	29,04	29,48	29,92	30,36	30,80	31,24	31,68	32,12	32,56	33,00	33,44	33,88	34,32	34,76	35,20	35,64	36,08	36,52	36,96	37,40	37,84	38,28	38,72	39,16	39,60	40,04	40,48	40,92	41,36	41,80	42,24	42,68	43,12	43,56	44,00	44,44	44,88	45,32	45,76	46,20	46,64	47,08	47,52	47,96	48,40	48,84	49,28	49,72	50,16	50,60	51,04	51,48	51,92	52,36	52,80	53,24	53,68	54,12	54,56	55,00	55,44	55,88	56,32	56,76	57,20	57,64	58,08	58,52	58,96	59,40	59,84	60,28	60,72	61,16	61,60	62,04	62,48	62,92	63,36	63,80	64,24	64,68	65,12	65,56	66,00	66,44	66,88	67,32	67,76	68,20	68,64	69,08	69,52	69,96	70,40	70,84	71,28	71,72	72,16	72,60	73,04	73,48	73,92	74,36	74,80	75,24	75,68	76,12	76,56	77,00	77,44	77,88	78,32	78,76	79,20	79,64	80,08	80,52	80,96	81,40	81,84	82,28	82,72	83,16	83,60	84,04	84,48	84,92	85,36	85,80	86,24	86,68	87,12	87,56	88,00	88,44	88,88	89,32	89,76	90,20	90,64	91,08	91,52	91,96	92,40	92,84	93,28	93,72	94,16	94,60	95,04	95,48	95,92	96,36	96,80	97,24	97,68	98,12	98,56	99,00	99,44	99,88	100,32	100,76	101,20	101,64	102,08	102,52	102,96	103,40	103,84	104,28	104,72	105,16	105,60	106,04	106,48	106,92	107,36	107,80	108,24	108,68	109,12	109,56	110,00	110,44	110,88	111,32	111,76	112,20	112,64	113,08	113,52	113,96	114,40	114,84	115,28	115,72	116,16	116,60	117,04	117,48	117,92	118,36	118,80	119,24	119,68	120,12	120,56	121,00	121,44	121,88	122,32	122,76	123,20	123,64	124,08	124,52	124,96	125,40	125,84	126,28	126,72	127,16	127,60	128,04	128,48	128,92	129,36	129,80	130,24	130,68	131,12	131,56	132,00	132,44	132,88	133,32	133,76	134,20	134,64	135,08	135,52	135,96	136,40	136,84	137,28	137,72	138,16	138,60	139,04	139,48	139,92	140,36	140,80	141,24	141,68	142,12	142,56	143,00	143,44	143,88	144,32	144,76	145,20	145,64	146,08	146,52	146,96	147,40	147,84	148,28	148,72	149,16	149,60	150,04	150,48	150,92	151,36	151,80	152,24	152,68	153,12	153,56	154,00	154,44	154,88	155,32	155,76	156,20	156,64	157,08	157,52	157,96	158,40	158,84	159,28	159,72	160,16	160,60	161,04	161,48	161,92	162,36	162,80	163,24	163,68	164,12	164,56	165,00	165,44	165,88	166,32	166,76	167,20	167,64	168,08	168,52	168,96	169,40	169,84	170,28	170,72	171,16	171,60	172,04	172,48	172,92	173,36	173,80	174,24	174,68	175,12	175,56	176,00	176,44	176,88	177,32	177,76	178,20	178,64	179,08	179,52	179,96	180,40	180,84	181,28	181,72	182,16	182,60	183,04	183,48	183,92	184,36	184,80	185,24	185,68	186,12	186,56	187,00	187,44	187,88	188,32	188,76	189,20	189,64	190,08	190,52	190,96	191,40	191,84	192,28	192,72	193,16	193,60	194,04	194,48	194,92	195,36	195,80	196,24	196,68	197,12	197,56	198,00	198,44	198,88	199,32	199,76	200,20	200,64	201,08	201,52	201,96	202,40	202,84	203,28	203,72	204,16	204,60	205,04	205,48	205,92	206,36	206,80	207,24	207,68	208,12	208,56	209,00	209,44	209,88	210,32	210,76	211,20	211,64	212,08	212,52	212,96	213,40	213,84	214,28	214,72	215,16	215,60	216,04	216,48	216,92	217,36	217,80	218,24	218,68	219,12	219,56	220,00	220,44	220,88	221,32	221,76	222,20	222,64	223,08	223,52	223,96	224,40	224,84	225,28	225,72	226,16	226,60	227,04	227,48	227,92	228,36	228,80	229,24	229,68	230,12	230,56	231,00	231,44	231,88	232,32	232,76	233,20	233,64	234,08	234,52	234,96	235,40	235,84	236,28	236,72	237,16	237,60	238,04	238,48	238,92	239,36	239,80	240,24	240,68	241,12	241,56	242,00	242,44	242,88	243,32	243,76	244,20	244,64	245,08	245,52	245,96	246,40	246,84	247,28	247,72	248,16	248,60	249,04	249,48	249,92	250,36	250,80	251,24	251,68	252,12	252,56	253,00	253,44	253,88	254,32	254,76	255,20	255,64	256,08	256,52	256,96	257,40	257,84	258,28	258,72	259,16	259,60	260,04	260,48	260,92	261,36	261,80	262,24	262,68	263,12	263,56	264,00	264,44	264,88	265,32	265,76	266,20	266,64	267,08	267,52	267,96	268,40	268,84	269,28	269,72	270,16	270,60	271,04	271,48	271,92	272,36	272,80	273,24	273,68	274,12	274,56	275,00	275,44	275,88	276,32	276,76	277,20	277,64	278,08	278,52	278,96	279,40	279,84	280,28	280,72	281,16	281,60	282,04	282,48	282,92	283,36	283,80	284,24	284,68	285,12	285,56	286,00	286,44	286,88	287,32	287,76	288,20	288,64	289,08	289,52	290,00	290,44	290,88	291,32	291,76	292,20	292,64	293,08	293,52	293,96	294,40	294,84	295,28	295,72	296,16	296,60	297,04	297,48	297,92	298,36	298,80	299,24	299,68	300,12	300,56	301,00	301,44	301,88	302,32	302,76	303,20	303,64	304,08	304,52	304,96	305,40	305,84	306,28	306,72	307,16	307,60	308,04	308,48	308,92	309,36	309,80	310,24	310,68	311,12	311,56	312,00	312,44	312,88	313,32	313,76	314,20	314,64	315,08	315,52	315,96	316,40	316,84	317,28	317,72	318,16	318,60	319,04	319,48	319,92	320,36	320,80	321,24	321,68	322,12	322,56	323,00	323,44	323,88	324,32	324,76	325,20	325,64	326,08	326,52	326,96	327,40	327,84	328,28	328,72	329,16	329,60	330,04	330,48	330,92	331,36	331,80	332,24	332,68	333,12	333,56	334,00	334,44	334,88	335,32	335,76	336,20	336,64	337,08	337,52	337,96	338,40	338,84	339,28	339,72	340,16	340,60	341,04	341,48	341,92	342,36	342,80	343,24	343,68	344,12	344,56	345,00	345,44	345,88	346,32	346,76	347,20	347,64	348,08	348,52	348,96	349,40	349,84	350,28	350,72	351,16	351,60	352,04	352,48	352,92	353,36	353,80	354,24	354,68	355,12	355,56	356,00	356,44	356,88	357,32	357,76	358,20	358,64	359,08	359,52	360,00	360,44	360,88	361,32	361,76	362,20	362,64	363,08	363,52	363,96	364,40	364,84	365,28	365,72	366,16	366,60	367,04	367,48	367,92	368,36	368,80	369,24	369,68	370,12	370,56	371,00	371,44	371,88	372,32	372,76	373,20	373,64	374,08	374,52	374,96	375,40	375,84	376,28	376,72	377,16	377,60	378,04	378,48	378,92	379,36	379,80	380,24	380,68	381,12	381,56	382,00	382,44	382,88	383,32	383,76	384,20	384,64	385,08	385,52	385,96	386,40	386,84	387,28	387,72	388,16	388,60	389,04	389,48	389,92	390,36	390,80	391,24	391,68	392,12	392,56	393,00	393,44	393,88	394,32	394,76	395,20	395,64	396,08	396,52	396,96	397,40	397,84	398,28	398,72	399,16	399,60	400,04	400,48	400,92	401,36	401,80	402,24	402,68	403,12	403,56	404,00	404,44	404,88	405,32	405,76	406,20	406,64	407,08	407,52	407,96	408,40	408,84	409,28	409,72	410,16	410,60	411,04	411,48	411,92	412,36	412,80	413,24	413,68	414,12	414,56	415,00	415,44	415,88	416,32	416,76	417,20	417,64	418,08	418,52	418,96	419,40	419,84	420,28	420,72	421,16	421,60	422,04	422,48	422,92	423,36	423,80	424,24	424,68	425,12	425,56	426,00	426,44	426,88	427,32	427,76	428,20	428,64	429,08	429,52	429,96	430,40	430,84	431,28	431,72	432,16	432,60	433,04	433,48	433,92	434,36	434,80	435,24	435,68	436,12	436,56	437,00	437,44	437,88	438,32	438,76	439,20	439,64	440,08	440,52	440,96	441,40	441,84	442,28	442,72	443,16	443,60

ipack_204.png

[illegible]

ipack_205.png

[illegible]

ipack_206.png

[illegible]

ipack_207.png

[illegible]

ipack_208.png

Exemple : Tables US-Navy - LIFRAB (Belgique) - Extraits

Prof.	t (min)	Pal 3 m	S
18 m	50		H
	60	NE DELIT	I
	60		J
	70	ETRE	K
	80	7	L

Vitesse de remontée : 15 m/min
 Essai à 15 m photographique : 10 min, 20 min, 30 min, 40 min, 50 min, 60 minutes, 70 minutes.
 Essai de lecture pour une plongée par 24 h : Pour un plongé à 18 m, le plongeur n'entraine pas de 50 m, le plongeur de 50 m, il arrive à 70 m, le plongeur de 70 m, il arrive à 80 m, il arrive à 90 m.

ipack_209.png

Exemple : Tables Böhmern - CMAS CH - FSSS (Gruene) - Extraits

Prof. (m)	Durée (min)	AC Simila (3 m)	GR
15	90	1	G
18	51	1	F
20	70	1	G

Vitesse de remontée : 10 m/min

Exemple : 15 m de plongée pour une plongée à 18 m. On a donc 3 m de plus à remonter. On a donc 3 m de plus à remonter. On a donc 3 m de plus à remonter.

Note : Selon ces tables, tout remonté : moins ou moins 1 m de palier à 3 m.

ipack_210.png

[illegible]

ipack_211.png

[illegible]

ipack_212.png

Sample	Sample Size	Data									
		1	2	3	4	5	6	7	8	9	10
1	10	1.2	1.5	1.8	2.1	2.4	2.7	3.0	3.3	3.6	3.9
2	10	1.5	1.8	2.1	2.4	2.7	3.0	3.3	3.6	3.9	4.2
3	10	1.8	2.1	2.4	2.7	3.0	3.3	3.6	3.9	4.2	4.5
4	10	2.1	2.4	2.7	3.0	3.3	3.6	3.9	4.2	4.5	4.8
5	10	2.4	2.7	3.0	3.3	3.6	3.9	4.2	4.5	4.8	5.1
6	10	2.7	3.0	3.3	3.6	3.9	4.2	4.5	4.8	5.1	5.4
7	10	3.0	3.3	3.6	3.9	4.2	4.5	4.8	5.1	5.4	5.7
8	10	3.3	3.6	3.9	4.2	4.5	4.8	5.1	5.4	5.7	6.0
9	10	3.6	3.9	4.2	4.5	4.8	5.1	5.4	5.7	6.0	6.3
10	10	3.9	4.2	4.5	4.8	5.1	5.4	5.7	6.0	6.3	6.6

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Age group	Male				Female				Total			
	No.	%	Mean	SD	No.	%	Mean	SD	No.	%	Mean	SD
15-19	10	1.5	16.5	1.5	10	1.5	16.5	1.5	20	3.0	16.5	1.5
20-24	10	1.5	22.0	2.0	10	1.5	22.0	2.0	20	3.0	22.0	2.0
25-29	10	1.5	27.0	2.0	10	1.5	27.0	2.0	20	3.0	27.0	2.0
30-34	10	1.5	32.0	2.0	10	1.5	32.0	2.0	20	3.0	32.0	2.0
35-39	10	1.5	37.0	2.0	10	1.5	37.0	2.0	20	3.0	37.0	2.0
40-44	10	1.5	42.0	2.0	10	1.5	42.0	2.0	20	3.0	42.0	2.0
45-49	10	1.5	47.0	2.0	10	1.5	47.0	2.0	20	3.0	47.0	2.0
50-54	10	1.5	52.0	2.0	10	1.5	52.0	2.0	20	3.0	52.0	2.0
55-59	10	1.5	57.0	2.0	10	1.5	57.0	2.0	20	3.0	57.0	2.0
60-64	10	1.5	62.0	2.0	10	1.5	62.0	2.0	20	3.0	62.0	2.0
65-69	10	1.5	67.0	2.0	10	1.5	67.0	2.0	20	3.0	67.0	2.0
70-74	10	1.5	72.0	2.0	10	1.5	72.0	2.0	20	3.0	72.0	2.0
75-79	10	1.5	77.0	2.0	10	1.5	77.0	2.0	20	3.0	77.0	2.0
80-84	10	1.5	82.0	2.0	10	1.5	82.0	2.0	20	3.0	82.0	2.0
85-89	10	1.5	87.0	2.0	10	1.5	87.0	2.0	20	3.0	87.0	2.0
90-94	10	1.5	92.0	2.0	10	1.5	92.0	2.0	20	3.0	92.0	2.0
95-99	10	1.5	97.0	2.0	10	1.5	97.0	2.0	20	3.0	97.0	2.0
100-104	10	1.5	102.0	2.0	10	1.5	102.0	2.0	20	3.0	102.0	2.0
105-109	10	1.5	107.0	2.0	10	1.5	107.0	2.0	20	3.0	107.0	2.0
110-114	10	1.5	112.0	2.0	10	1.5	112.0	2.0	20	3.0	112.0	2.0
115-119	10	1.5	117.0	2.0	10	1.5	117.0	2.0	20	3.0	117.0	2.0
120-124	10	1.5	122.0	2.0	10	1.5	122.0	2.0	20	3.0	122.0	2.0
125-129	10	1.5	127.0	2.0	10	1.5	127.0	2.0	20	3.0	127.0	2.0
130-134	10	1.5	132.0	2.0	10	1.5	132.0	2.0	20	3.0	132.0	2.0
135-139	10	1.5	137.0	2.0	10	1.5	137.0	2.0	20	3.0	137.0	2.0
140-144	10	1.5	142.0	2.0	10	1.5	142.0	2.0	20	3.0	142.0	2.0
145-149	10	1.5	147.0	2.0	10	1.5	147.0	2.0	20	3.0	147.0	2.0
150-154	10	1.5	152.0	2.0	10	1.5	152.0	2.0	20	3.0	152.0	2.0
155-159	10	1.5	157.0	2.0	10	1.5	157.0	2.0	20	3.0	157.0	2.0
160-164	10	1.5	162.0	2.0	10	1.5	162.0	2.0	20	3.0	162.0	2.0
165-169	10	1.5	167.0	2.0	10	1.5	167.0	2.0	20	3.0	167.0	2.0

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	100	110	120	130	140	150	160	170	180	190	200	210	220	230	240	250	260	270	280	290	300	310	320	330	340	350	360	370	380	390	400	410	420	430	440	450	460	470	480	490	500	510	520	530	540	550	560	570	580	590	600	610	620	630	640	650	660	670	680	690	700	710	720	730	740	750	760	770	780	790	800	810	820	830	840	850	860	870	880	890	900	910	920	930	940	950	960	970	980	990	1000
100	100	110	120	130	140	150	160	170	180	190	200	210	220	230	240	250	260	270	280	290	300	310	320	330	340	350	360	370	380	390	400	410	420	430	440	450	460	470	480	490	500	510	520	530	540	550	560	570	580	590	600	610	620	630	640	650	660	670	680	690	700	710	720	730	740	750	760	770	780	790	800	810	820	830	840	850	860	870	880	890	900	910	920	930	940	950	960	970	980	990	1000
110	110	121	132	143	154	165	176	187	198	209	220	231	242	253	264	275	286	297	308	319	330	341	352	363	374	385	396	407	418	429	440	451	462	473	484	495	506	517	528	539	550	561	572	583	594	605	616	627	638	649	660	671	682	693	704	715	726	737	748	759	770	781	792	803	814	825	836	847	858	869	880	891	902	913	924	935	946	957	968	979	990	1000									
120	120	132	144	156	168	180	192	204	216	228	240	252	264	276	288	300	312	324	336	348	360	372	384	396	408	420	432	444	456	468	480	492	504	516	528	540	552	564	576	588	600	612	624	636	648	660	672	684	696	708	720	732	744	756	768	780	792	804	816	828	840	852	864	876	888	900	912	924	936	948	960	972	984	996	1000																
130	130	143	156	169	182	195	208	221	234	247	260	273	286	299	312	325	338	351	364	377	390	403	416	429	442	455	468	481	494	507	520	533	546	559	572	585	598	611	624	637	650	663	676	689	702	715	728	741	754	767	780	793	806	819	832	845	858	871	884	897	910	923	936	949	962	975	988	1000																							
140	140	154	168	182	196	210	224	238	252	266	280	294	308	322	336	350	364	378	392	406	420	434	448	462	476	490	504	518	532	546	560	574	588	602	616	630	644	658	672	686	700	714	728	742	756	770	784	798	812	826	840	854	868	882	896	910	924	938	952	966	980	994	1000																												
150	150	165	180	195	210	225	240	255	270	285	300	315	330	345	360	375	390	405	420	435	450	465	480	495	510	525	540	555	570	585	600	615	630	645	660	675	690	705	720	735	750	765	780	795	810	825	840	855	870	885	900	915	930	945	960	975	990	1000																																	
160	160	176	192	208	224	240	256	272	288	304	320	336	352	368	384	400	416	432	448	464	480	496	512	528	544	560	576	592	608	624	640	656	672	688	704	720	736	752	768	784	800	816	832	848	864	880	896	912	928	944	960	976	992	1000																																					
170	170	187	204	221	238	255	272	289	306	323	340	357	374	391	408	425	442	459	476	493	510	527	544	561	578	595	612	629	646	663	680	697	714	731	748	765	782	799	816	833	850	867	884	901	918	935	952	969	986	1000																																									
180	180	198	216	234	252	270	288	306	324	342	360	378	396	414	432	450	468	486	504	522	540	558	576	594	612	630	648	666	684	702	720	738	756	774	792	810	828	846	864	882	900	918	936	954	972	990	1000																																												
190	190	209	228	247	266	285	304	323	342	361	380	399	418	437	456	475	494	513	532	551	570	589	608	627	646	665	684	703	722	741	760	779	798	817	836	855	874	893	912	931	950	969	988	1000																																															
200	200	220	240	260	280	300	320	340	360	380	400	420	440	460	480	500	520	540	560	580	600	620	640	660	680	700	720	740	760	780	800	820	840	860	880	900	920	940	960	980	1000																																																		
210	210	231	252	273	294	315	336	357	378	399	420	441	462	483	504	525	546	567	588	609	630	651	672	693	714	735	756	777	798	819	840	861	882	903	924	945	966	987	1000																																																				
220	220	242	264	286	308	330	352	374	396	418	440	462	484	506	528	550	572	594	616	638	660	682	704	726	748	770	792	814	836	858	880	902	924	946	968	990	1000																																																						
230	230	253	276	299	322	345	368	391	414	437	460	483	506	529	552	575	598	621	644	667	690	713	736	759	782	805	828	851	874	897	920	943	966	989	1000																																																								
240	240	264	288	312	336	360	384	408	432	456	480	504	528	552	576	600	624	648	672	696	720	744	768	792	816	840	864	888	912	936	960	984	1000																																																										
250	250	275	300	325	350	375	400	425	450	475	500	525	550	575	600	625	650	675	700	725	750	775	800	825	850	875	900	925	950	975	1000																																																												
260	260	286	312	338	364	390	416	442	468	494	520	546	572	598	624	650	676	702	728	754	780	806	832	858	884	910	936	962	988	1000																																																													
270	270	297	324	351	377	403	429	455	481	507	533	559	585	611	637	663	689	715	741	767	793	819	845	871	897	923	949	975	1000																																																														
280	280	308	336	364	392	420	448	476	504	532	560	588	616	644	672	700	728	756	784	812	840	868	896	924	952	980	1000																																																																
290	290	319	348	377	406	435	464	493	522	551	580	609	638	667	696	725	754	783	812	841	870	899	928	957	986	1000																																																																	
300	300	330	360	390	420	450	480	510	540	570	600	630	660	690	720	750	780	810	840	870	900	930	960	990	1000																																																																		
310	310	341	372	403	434	465	496	527	558	589	620	651	682	713	744	775	806	837	868	899	930	961	992	1000																																																																			
320	320	352	384	416	448	480	512	544	576	608	640	672	704	736	768	800	832	864	896	928	960	992	1000																																																																				
330	330	363	396	429	462	495	528	561	594	627	660	693	726	759	792	825	858	891	924	957	990	1000																																																																					
340	340	374	408	442	476	510	544	578	612	646	680	714	748	782	816	850	884	918	952	986	1000																																																																						
350	350	385	420	455	490	525	560	595	630	665	700	735	770	805	840	875	910	945	980	1000																																																																							
360	360	396	432	468	504	540	576	612	648	684	720	756	792	828	864	900	936	972	1000																																																																								
370	370	407	444	481	518	555	592	629	666	703	740	777	814	851	888	925	962	999	1000																																																																								
380	380	418	456	494	532	570	608	646	684	722	760	798	836	874	912	950	988	1000																																																																									
390	390	429	468	507	546	585	624	663	702	741	780	819	858	897	936	975	1000																																																																										
400	400	440	480	520	560	600	640	680	720	760	800	840	880	920	960	1000																																																																											
410	410	451	492	533	574	615	656	697	738	779	820	861	902	943	984	1000																																																																											
420	420	462	504	546	588	630	672	714	756	798	840	882	924	966	1000																																																																												
430	430	473	516	559	602	644	686	728	770	812	854	896	938	980	1000																																																																												
440	440	484	528	572	616	660	704	748	792	836	880	924	968	1000																																																																													
450	450	495	540	584	628	672	716	760	804	848	892	936	980	1000																																																																													
460	460	506	552	596	640	684	728	772	816	860	904	948	992	1000																																																																													
470	470	507	554	600	646	692	738	784	830	876	922	968	1000																																																																														
480	480	508	556	604	652	698	744	792	838	884	930	976	1000																																																																														
490	490	509	558	608	656	704	752	800	848	896	944	992	1000																																																																														
500	500	510	560	610	660	710	760	810	860	910	960	1000																																																																															
510	510	517	568	618	668	718	768	818	868	918	968	1000																																																																															
520	520	528	579	629	679	729	779	829	879	929	979	1000																																																																															
530	530	539	590	640	690	740	790	840	890	940	990	1000																																																																															
540	540	550	601	651	701	751	801	851	901	951	1000																																																																																
550	550	561	612	662	712	762	812	862	912	962	1000																																																																																

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MOIS-SEMAINE	Jan	Fev	Mars	Avr	Mai	Juin	Juillet	Août	Sept	Oct	Nov	Déc
1.00	1	2	3	4	5	6	7	8	9	10	11	12
2.00	2	3	4	5	6	7	8	9	10	11	12	13
3.00	3	4	5	6	7	8	9	10	11	12	13	14
4.00	4	5	6	7	8	9	10	11	12	13	14	15
5.00	5	6	7	8	9	10	11	12	13	14	15	16
6.00	6	7	8	9	10	11	12	13	14	15	16	17
7.00	7	8	9	10	11	12	13	14	15	16	17	18
8.00	8	9	10	11	12	13	14	15	16	17	18	19
9.00	9	10	11	12	13	14	15	16	17	18	19	20
10.00	10	11	12	13	14	15	16	17	18	19	20	21
11.00	11	12	13	14	15	16	17	18	19	20	21	22
12.00	12	13	14	15	16	17	18	19	20	21	22	23
13.00	13	14	15	16	17	18	19	20	21	22	23	24
14.00	14	15	16	17	18	19	20	21	22	23	24	25
15.00	15	16	17	18	19	20	21	22	23	24	25	26
16.00	16	17	18	19	20	21	22	23	24	25	26	27
17.00	17	18	19	20	21	22	23	24	25	26	27	28
18.00	18	19	20	21	22	23	24	25	26	27	28	29
19.00	19	20	21	22	23	24	25	26	27	28	29	30
20.00	20	21	22	23	24	25	26	27	28	29	30	31
21.00	21	22	23	24	25	26	27	28	29	30	31	32
22.00	22	23	24	25	26	27	28	29	30	31	32	33
23.00	23	24	25	26	27	28	29	30	31	32	33	34
24.00	24	25	26	27	28	29	30	31	32	33	34	35
25.00	25	26	27	28	29	30	31	32	33	34	35	36
26.00	26	27	28	29	30	31	32	33	34	35	36	37
27.00	27	28	29	30	31	32	33	34	35	36	37	38
28.00	28	29	30	31	32	33	34	35	36	37	38	39
29.00	29	30	31	32	33	34	35	36	37	38	39	40
30.00	30	31	32	33	34	35	36	37	38	39	40	41
31.00	31	32	33	34	35	36	37	38	39	40	41	42
32.00	32	33	34	35	36	37	38	39	40	41	42	43
33.00	33	34	35	36	37	38	39	40	41	42	43	44
34.00	34	35	36	37	38	39	40	41	42	43	44	45
35.00	35	36	37	38	39	40	41	42	43	44	45	46

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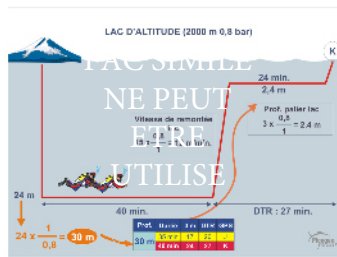
TABLEAU 4: DUREE DE REMONTEE JUSQU'AU PREMIER PALIER PLUS TEMPS INTERVALIERS, EN MINUTES

PROFONDEUR DE REMONTEE

Profondeur du premier palier	0m	1m	2m	3m	4m	5m	6m	7m	8m	9m	10m	11m	12m	13m	14m	15m	16m	17m	18m	19m	20m	21m	22m	23m	24m	25m	26m	27m	28m	29m	30m	31m	32m	33m	34m	35m	36m	37m	38m	39m	40m	41m	42m	43m	44m	45m	46m	47m	48m	49m	50m	51m	52m	53m	54m	55m	56m	57m	58m	59m	60m	61m	62m	63m	64m	65m	66m	67m	68m	69m	70m	71m	72m	73m	74m	75m	76m	77m	78m	79m	80m	81m	82m	83m	84m	85m	86m	87m	88m	89m	90m	91m	92m	93m	94m	95m	96m	97m	98m	99m	100m	101m	102m	103m	104m	105m	106m	107m	108m	109m	110m	111m	112m	113m	114m	115m	116m	117m	118m	119m	120m	121m	122m	123m	124m	125m	126m	127m	128m	129m	130m	131m	132m	133m	134m	135m	136m	137m	138m	139m	140m	141m	142m	143m	144m	145m	146m	147m	148m	149m	150m	151m	152m	153m	154m	155m	156m	157m	158m	159m	160m	161m	162m	163m	164m	165m	166m	167m	168m	169m	170m	171m	172m	173m	174m	175m	176m	177m	178m	179m	180m	181m	182m	183m	184m	185m	186m	187m	188m	189m	190m	191m	192m	193m	194m	195m	196m	197m	198m	199m	200m	201m	202m	203m	204m	205m	206m	207m	208m	209m	210m	211m	212m	213m	214m	215m	216m	217m	218m	219m	220m	221m	222m	223m	224m	225m	226m	227m	228m	229m	230m	231m	232m	233m	234m	235m	236m	237m	238m	239m	240m	241m	242m	243m	244m	245m	246m	247m	248m	249m	250m	251m	252m	253m	254m	255m	256m	257m	258m	259m	260m	261m	262m	263m	264m	265m	266m	267m	268m	269m	270m	271m	272m	273m	274m	275m	276m	277m	278m	279m	280m	281m	282m	283m	284m	285m	286m	287m	288m	289m	290m	291m	292m	293m	294m	295m	296m	297m	298m	299m	300m	301m	302m	303m	304m	305m	306m	307m	308m	309m	310m	311m	312m	313m	314m	315m	316m	317m	318m	319m	320m	321m	322m	323m	324m	325m	326m	327m	328m	329m	330m	331m	332m	333m	334m	335m	336m	337m	338m	339m	340m	341m	342m	343m	344m	345m	346m	347m	348m	349m	350m	351m	352m	353m	354m	355m	356m	357m	358m	359m	360m	361m	362m	363m	364m	365m	366m	367m	368m	369m	370m	371m	372m	373m	374m	375m	376m	377m	378m	379m	380m	381m	382m	383m	384m	385m	386m	387m	388m	389m	390m	391m	392m	393m	394m	395m	396m	397m	398m	399m	400m	401m	402m	403m	404m	405m	406m	407m	408m	409m	410m	411m	412m	413m	414m	415m	416m	417m	418m	419m	420m	421m	422m	423m	424m	425m	426m	427m	428m	429m	430m	431m	432m	433m	434m	435m	436m	437m	438m	439m	440m	441m	442m	443m	444m	445m	446m	447m	448m	449m	450m	451m	452m	453m	454m	455m	456m	457m	458m	459m	460m	461m	462m	463m	464m	465m	466m	467m	468m	469m	470m	471m	472m	473m	474m	475m	476m	477m	478m	479m	480m	481m	482m	483m	484m	485m	486m	487m	488m	489m	490m	491m	492m	493m	494m	495m	496m	497m	498m	499m	500m	501m	502m	503m	504m	505m	506m	507m	508m	509m	510m	511m	512m	513m	514m	515m	516m	517m	518m	519m	520m	521m	522m	523m	524m	525m	526m	527m	528m	529m	530m	531m	532m	533m	534m	535m	536m	537m	538m	539m	540m	541m	542m	543m	544m	545m	546m	547m	548m	549m	550m	551m	552m	553m	554m	555m	556m	557m	558m	559m	560m	561m	562m	563m	564m	565m	566m	567m	568m	569m	570m	571m	572m	573m	574m	575m	576m	577m	578m	579m	580m	581m	582m	583m	584m	585m	586m	587m	588m	589m	590m	591m	592m	593m	594m	595m	596m	597m	598m	599m	600m	601m	602m	603m	604m	605m	606m	607m	608m	609m	610m	611m	612m	613m	614m	615m	616m	617m	618m	619m	620m	621m	622m	623m	624m	625m	626m	627m	628m	629m	630m	631m	632m	633m	634m	635m	636m	637m	638m	639m	640m	641m	642m	643m	644m	645m	646m	647m	648m	649m	650m	651m	652m	653m	654m	655m	656m	657m	658m	659m	660m	661m	662m	663m	664m	665m	666m	667m	668m	669m	670m	671m	672m	673m	674m	675m	676m	677m	678m	679m	680m	681m	682m	683m	684m	685m	686m	687m	688m	689m	690m	691m	692m	693m	694m	695m	696m	697m	698m	699m	700m	701m	702m	703m	704m	705m	706m	707m	708m	709m	710m	711m	712m	713m	714m	715m	716m	717m	718m	719m	720m	721m	722m	723m	724m	725m	726m	727m	728m	729m	730m	731m	732m	733m	734m	735m	736m	737m	738m	739m	740m	741m	742m	743m	744m	745m	746m	747m	748m	749m	750m	751m	752m	753m	754m	755m	756m	757m	758m	759m	760m	761m	762m	763m	764m	765m	766m	767m	768m	769m	770m	771m	772m	773m	774m	775m	776m	777m	778m	779m	780m	781m	782m	783m	784m	785m	786m	787m	788m	789m	790m	791m	792m	793m	794m	795m	796m	797m	798m	799m	800m	801m	802m	803m	804m	805m	806m	807m	808m	809m	810m	811m	812m	813m	814m	815m	816m	817m	818m	819m	820m	821m	822m	823m	824m	825m	826m	827m	828m	829m	830m	831m	832m	833m	834m	835m	836m	837m	838m	839m	840m	841m	842m	843m	844m	845m	846m	847m	848m	849m	850m	851m	852m	853m	854m	855m	856m	857m	858m	859m	860m	861m	862m	863m	864m	865m	866m	867m	868m	869m	870m	871m	872m	873m	874m	875m	876m	877m	878m	879m	880m	881m	882m	883m	884m	885m	886m	887m	888m	889m	890m	891m	892m	893m	894m	895m	896m	897m	898m	899m	900m	901m	902m	903m	904m	905m	906m	907m	908m	909m	910m	911m	912m	913m	914m	915m	916m	917m	918m	919m	920m	921m	922m	923m	924m	925m	926m	927m	928m	929m	930m	931m	932m	933m	934m	935m	936m	937m	938m	939m	940m	941m	942m	943m	944m	945m	946m	947m	948m	949m	950m	951m	952m	953m	954m	955m	956m	957m	958m	959m	960m	961m	962m	963m	964m	965m	966m	967m	968m	969m	970m	971m	972m	973m	974m	975m	976m	977m	978m	979m	980m	981m	982m	983m	984m	985m	986m	987m	988m	989m	990m	991m	992m	993m	994m	995m	996m	997m	998m	999m	1000m	1001m	1002m	1003m	1004m	1005m	1006m	1007m	1008m	1009m	1010m	1011m	1012m	1013m	1014m	1015m	1016m	1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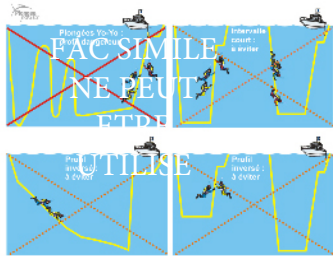
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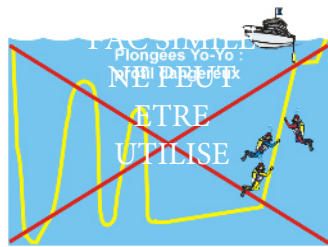
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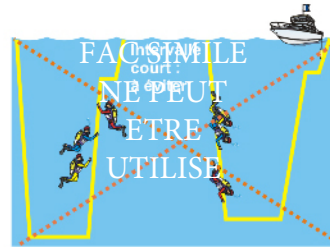
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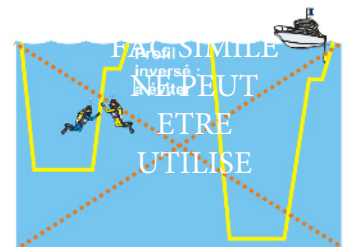
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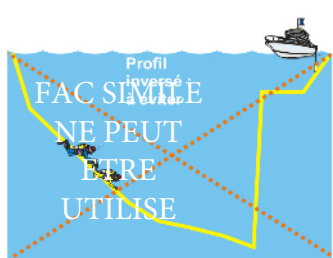
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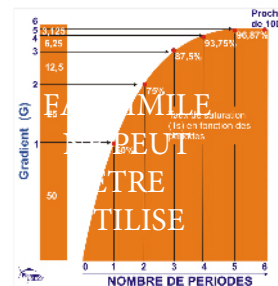
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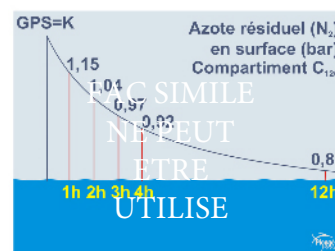
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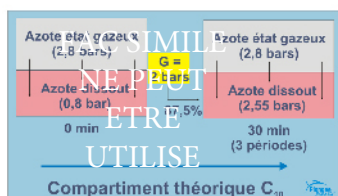
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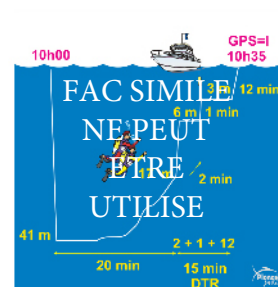
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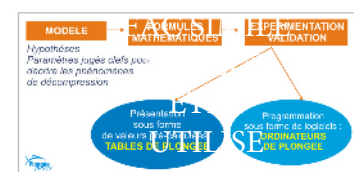
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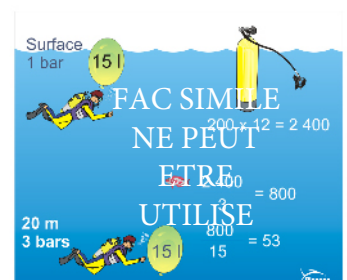
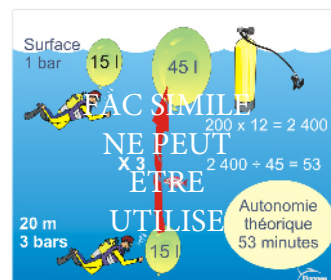
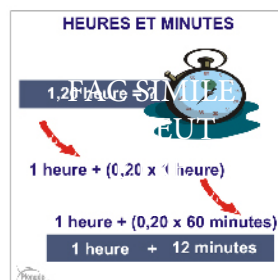
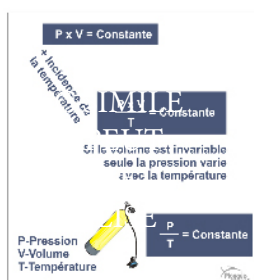
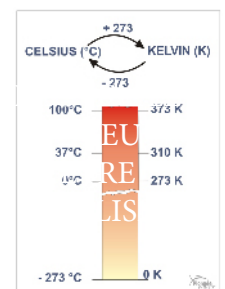
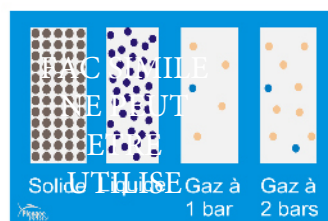
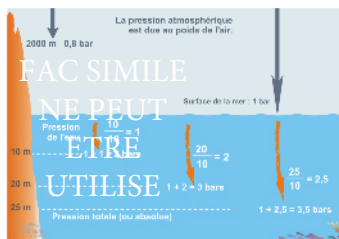
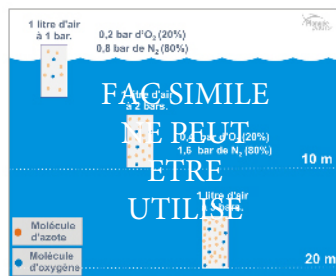
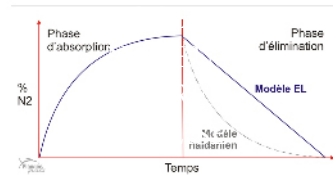
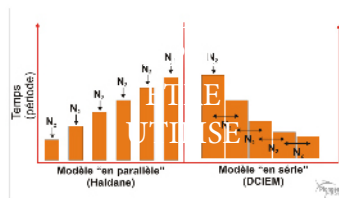
ipack_260.png

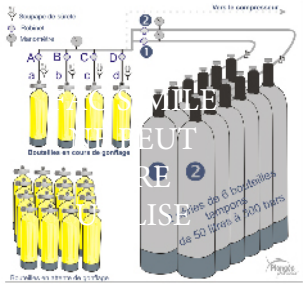


ipack_261.png



ipack_262.png

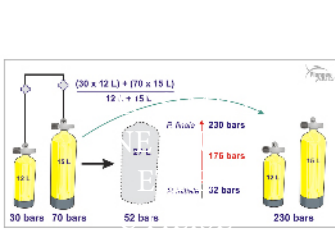




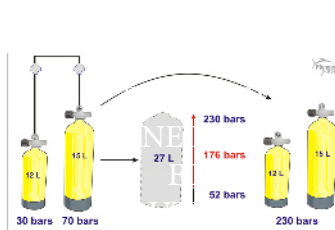
ipack_311.png



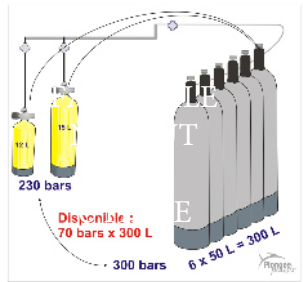
ipack_312.png



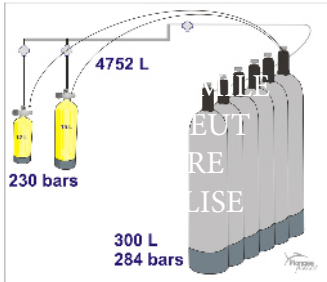
ipack_313.png



ipack_314.png



ipack_315.png



ipack_316.png



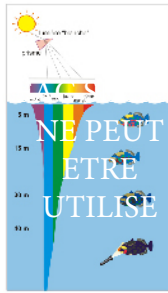
ipack_317.png



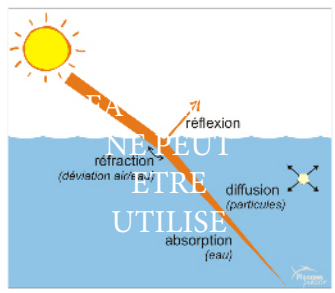
ipack_318.png



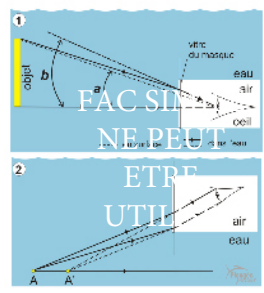
ipack_319.png



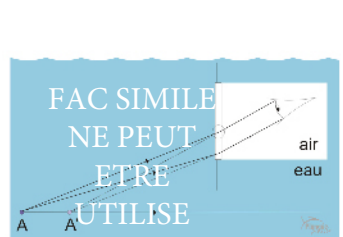
ipack_320.png



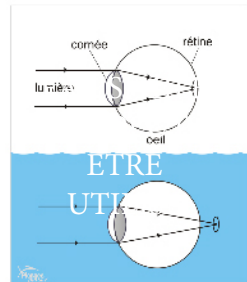
ipack_321.png



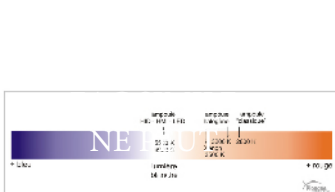
ipack_322.png



ipack_323.png



ipack_324.png



ipack_325.png



ipack_326.png



ipack_327.png



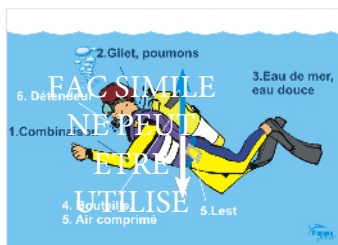
ipack_328.png



ipack_329.png



ipack_330.png



ipack_331.png



ipack_332.png



ipack_333.png



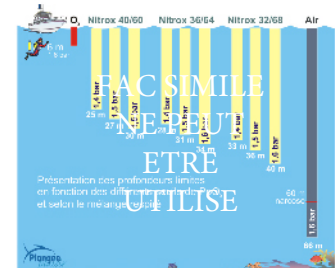
ipack_334.png



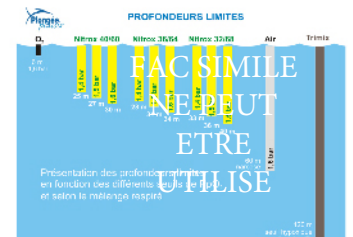
ipack_335.png



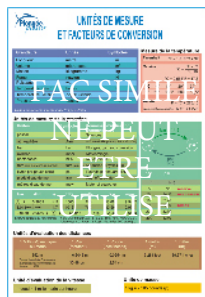
ipack_336.png



ipack_337.png



ipack_338.png



ipack_339.png



ipack_401.png



ipack_402.png



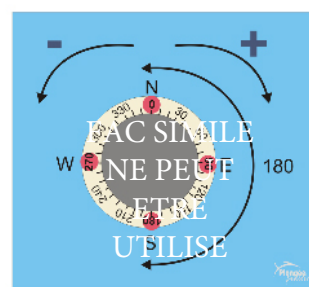
ipack_403.png



ipack_404.png



ipack_405.png



ipack_406.png



ipack_407.png



ipack_408.png



ipack_409.png



ipack_410.png



ipack_411.png



ipack_412.png



ipack_413.png



ipack_414.png



ipack_415.png



ipack_416.png



ipack_417.png



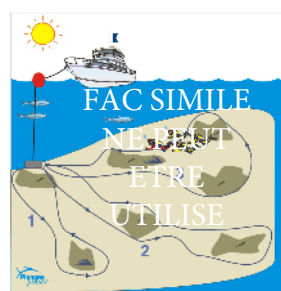
ipack_418.png



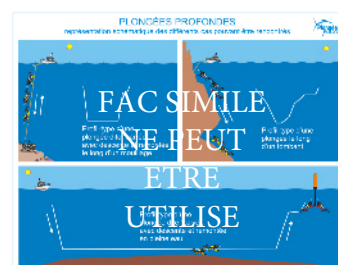
ipack_419.png



ipack_420.png



ipack_421.png



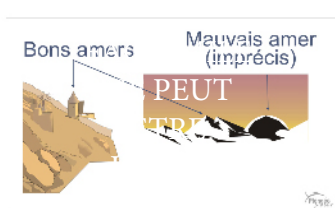
ipack_422.png



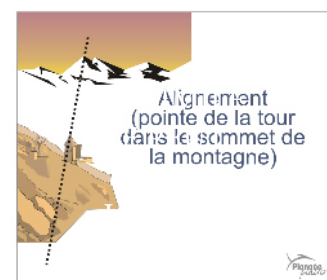
ipack_423.png



ipack_424.png



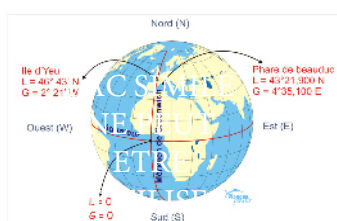
ipack_425.png



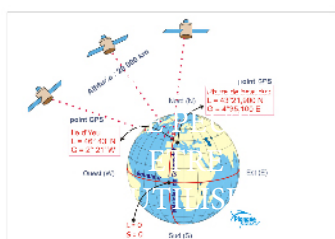
ipack_426.png



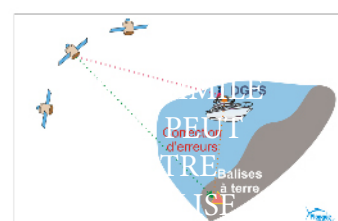
ipack_427.png



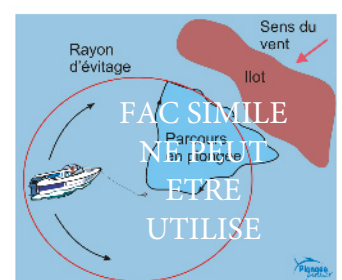
ipack_428.png



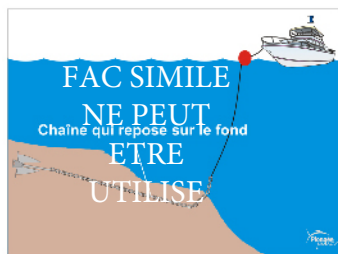
ipack_429.png



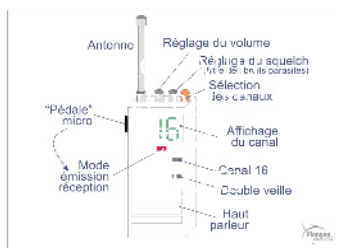
ipack_430.png



ipack_431.png



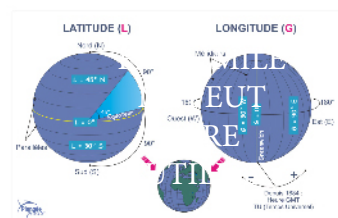
ipack_432.png



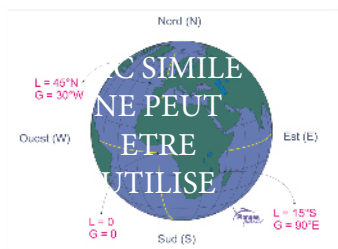
ipack_433.png



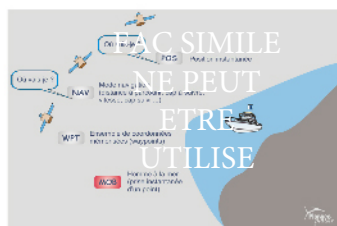
ipack_434.png



ipack_435.png



ipack_436.png



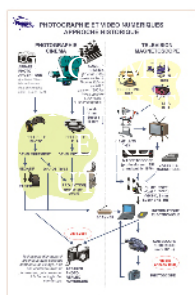
ipack_437.png



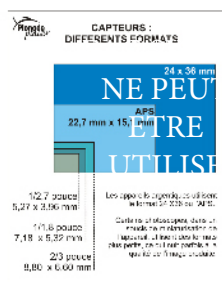
ipack_438.png



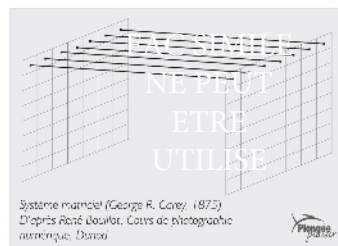
ipack_439.png



ipack_440.png



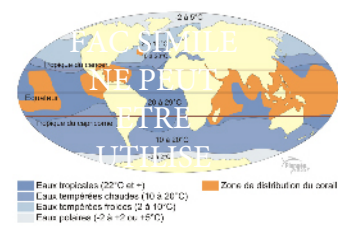
ipack_441.png



ipack_442.png



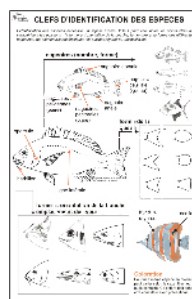
ipack_501.png



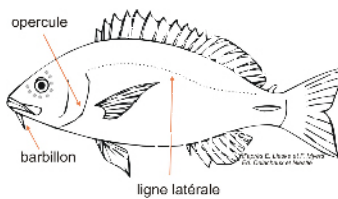
ipack_502.png



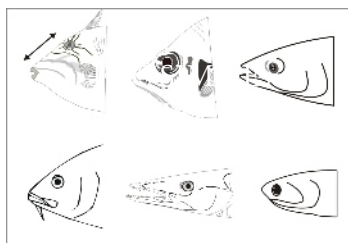
ipack_503.png



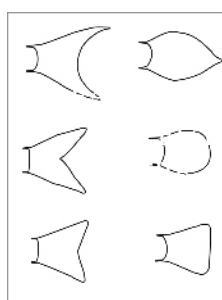
ipack_504.png



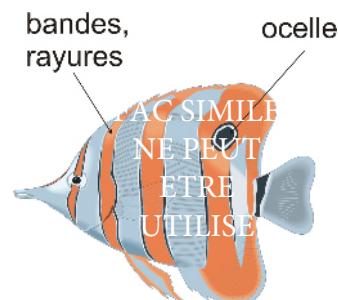
ipack_505.png



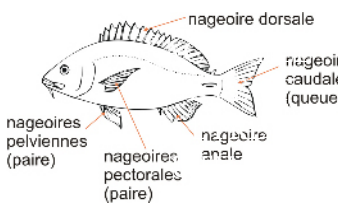
ipack_506.png



ipack_507.png



ipack_508.png



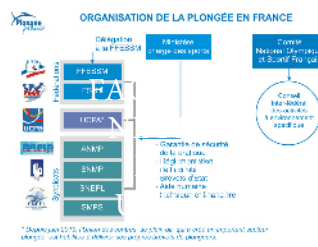
ipack_509.png



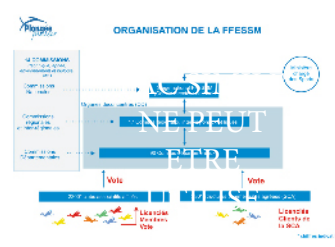
ipack_510.png



ipack_511.png



ipack_601.png



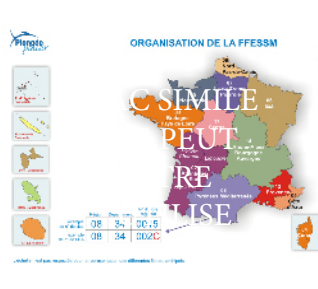
ipack_602.png



ipack_603.png



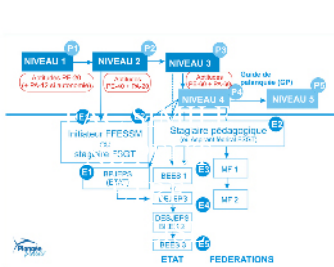
ipack_604.png



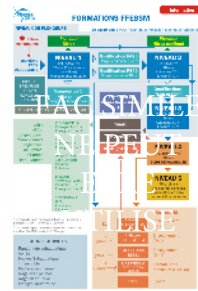
ipack_605.png



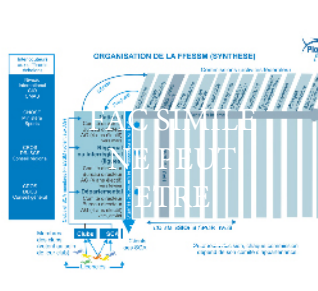
ipack_606.png



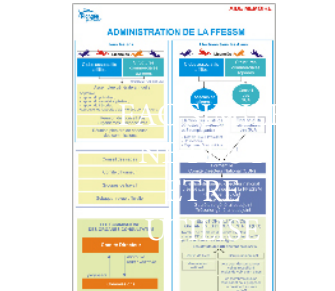
ipack_607.png



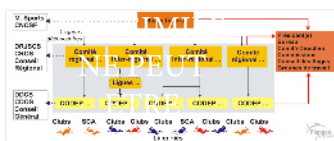
ipack_608.png



ipack_609.png



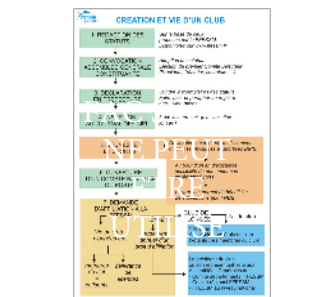
ipack_610.png



ipack_611.png



ipack_612.png



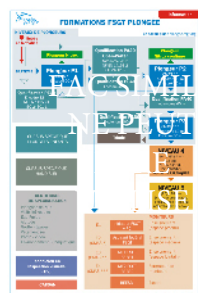
ipack_613.png



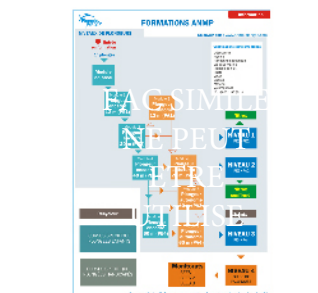
ipack_614.png



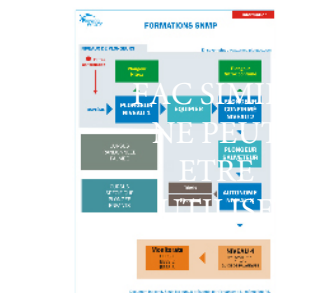
ipack_615.png



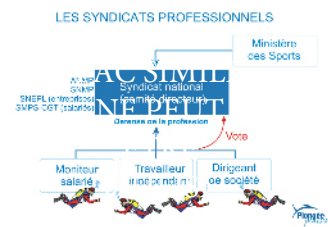
ipack_616.png



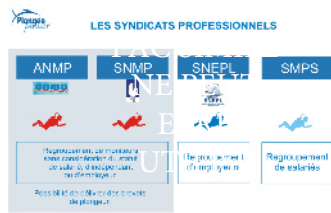
ipack_617.png



ipack_618.png



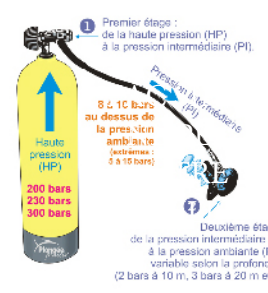
ipack_619.png



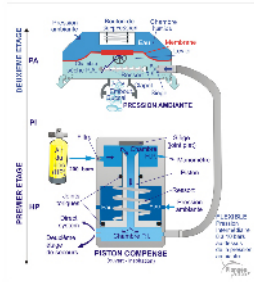
ipack_620.png



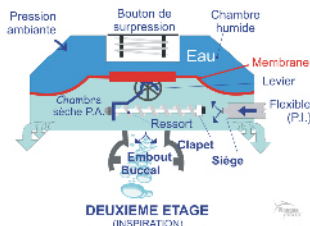
ipack_621.png



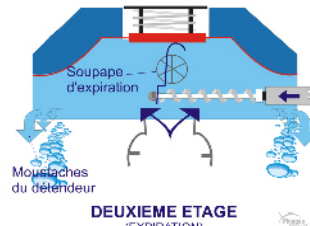
ipack_701.png



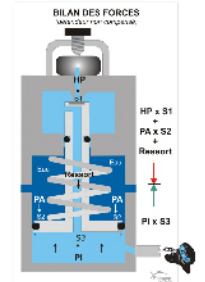
ipack_702.png



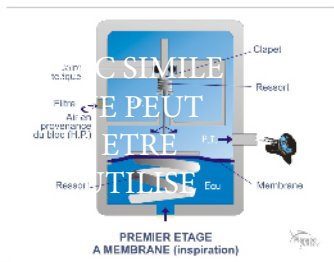
ipack_703.png



ipack_704.png



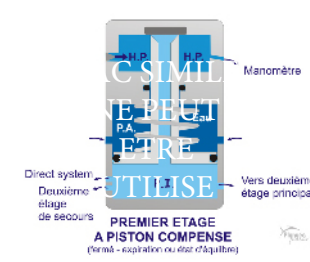
ipack_705.png



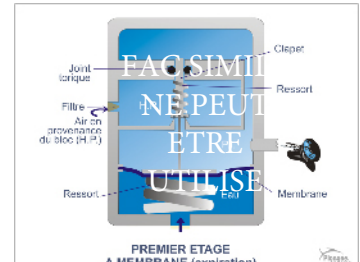
ipack_706.png



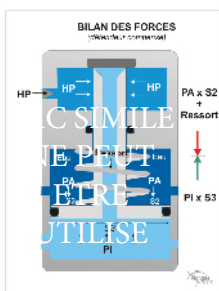
ipack_707.png



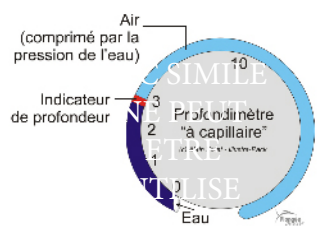
ipack_708.png



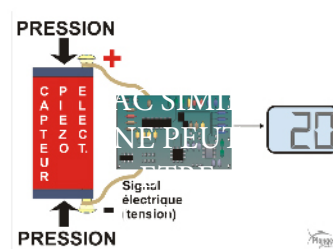
ipack_709.png



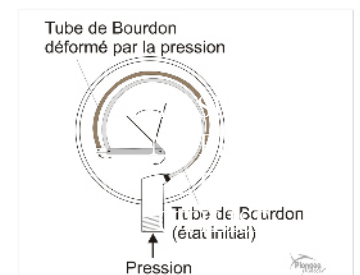
ipack_710.png



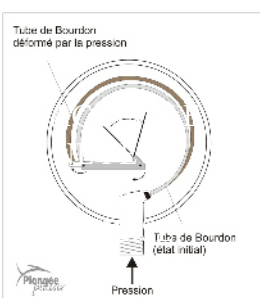
ipack_711.png



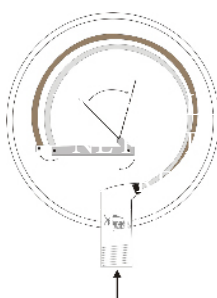
ipack_712.png



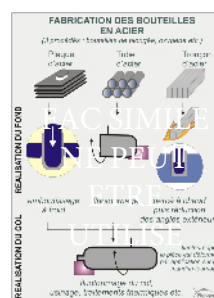
ipack_713.png



ipack_714.png



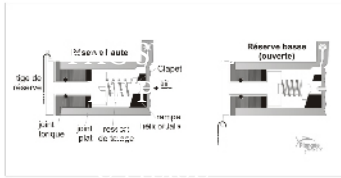
ipack_715.png



ipack_716.png



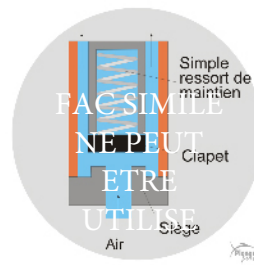
ipack_717.png



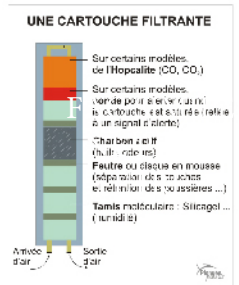
ipack_718.png



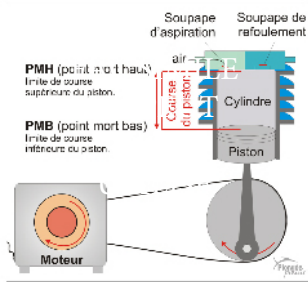
ipack_719.png



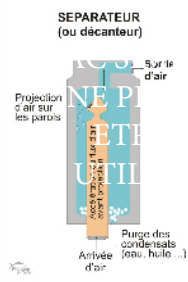
ipack_720.png



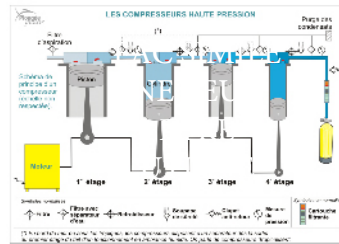
ipack_721.png



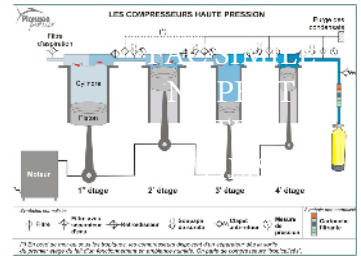
ipack_723.png



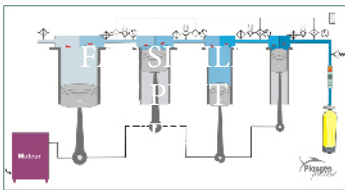
ipack_724.png



ipack_725.png



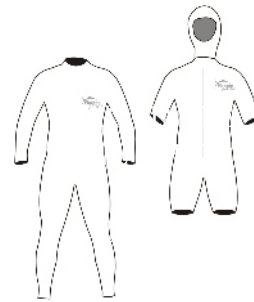
ipack_726.png



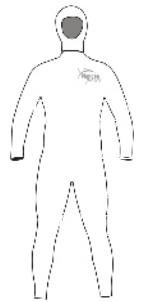
ipack_729.png



ipack_730.png



ipack_731.png



ipack_732.png



ipack_733.png



ipack_734.png



ipack_735.png



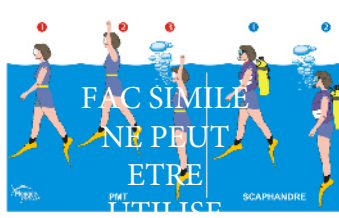
ipack_801.png



ipack_802.png



ipack_803.png



ipack_804.png



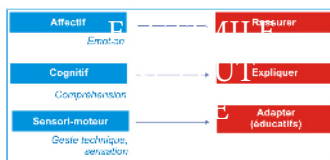
ipack_805.png

LA REMEDIATION

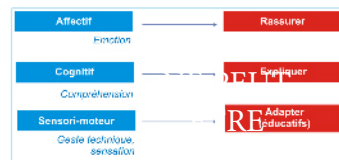


ipack_806.png

LES SOURCES DE DIFFICULTES

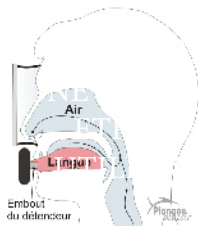


ipack_808.png

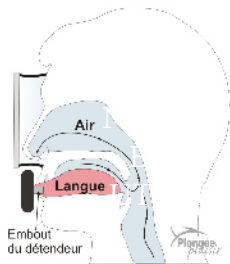


ipack_809.png

LA DISSOCIATION BUCCO-NASALE



ipack_810.png



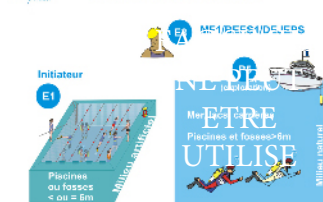
ipack_811.png

CONCOURS ET EXAMENS 2 LOGIQUES BIEN DIFFERENTES



ipack_812.png

DIRECTEUR DE PLONGÉE



ipack_813.png



ipack_814.png



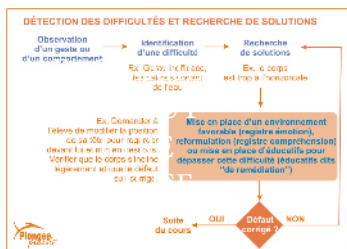
ipack_815.png



ipack_816.png



ipack_817.png



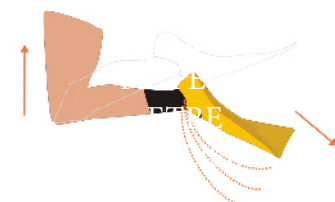
ipack_818.png



ipack_819.png



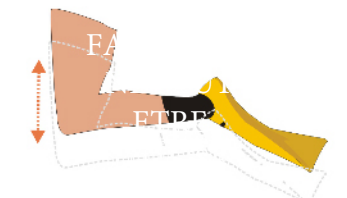
ipack_820.png



ipack_821.png



ipack_822.png



ipack_824.png



ipack_825.png



ipack_826.png



ipack_827.png



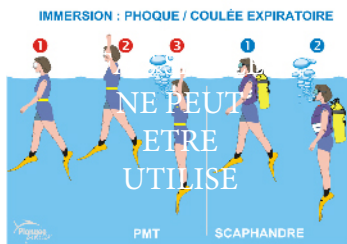
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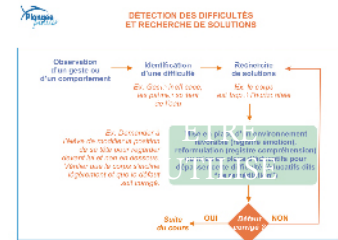
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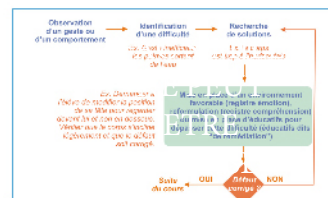
ipack_830.png



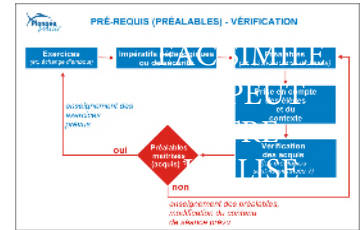
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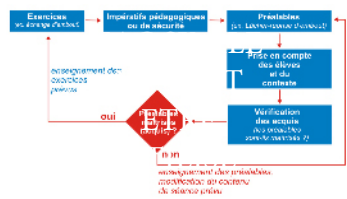
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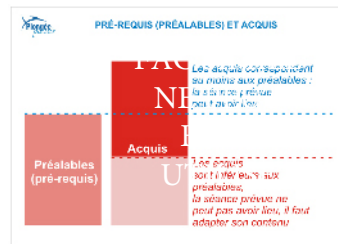
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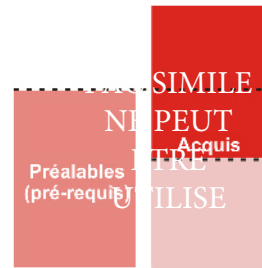
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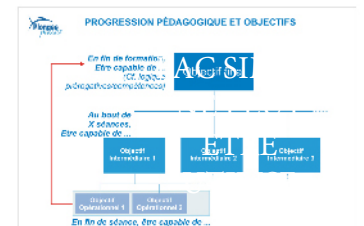
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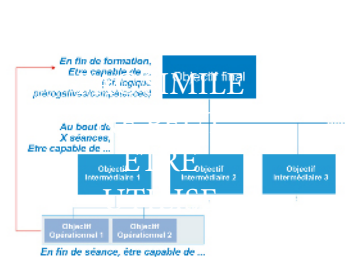
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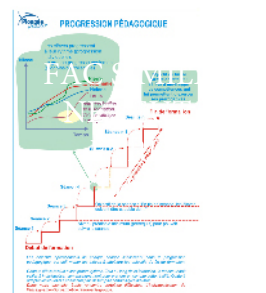
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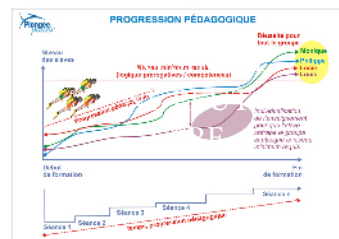
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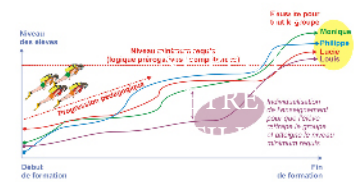
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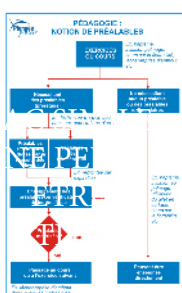
ipack_840.png



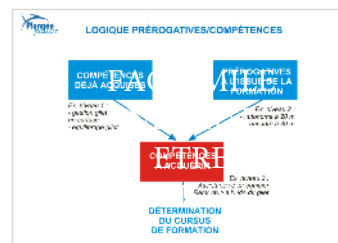
ipack_841.png



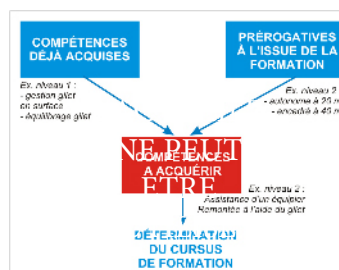
ipack_842.png



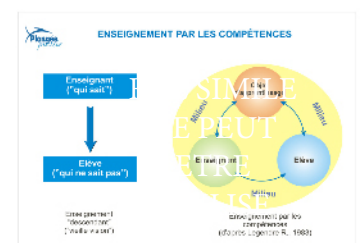
ipack_843.png



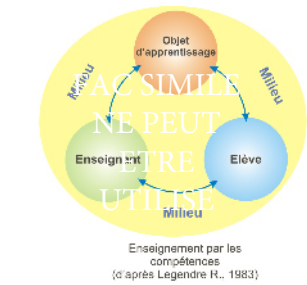
ipack_844.png



ipack_845.png



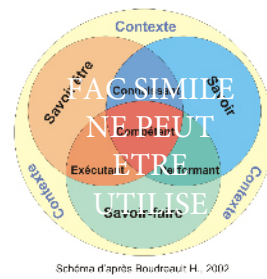
ipack_846.png



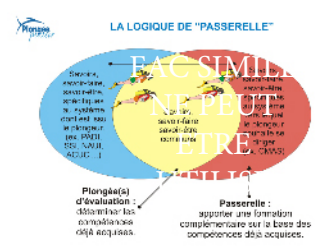
ipack_847.png



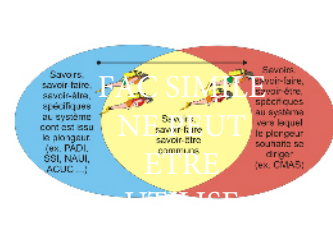
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ipack_849.png



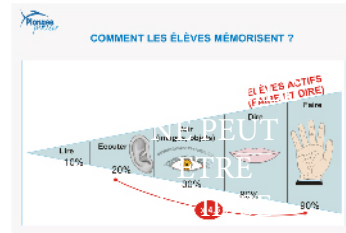
ipack_850.png



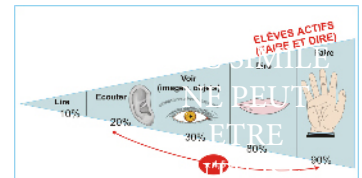
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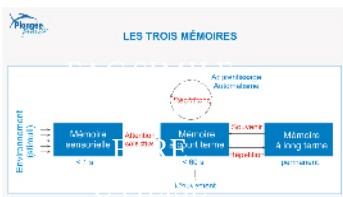
ipack_852.png



ipack_853.png



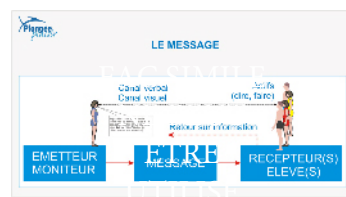
ipack_854.png



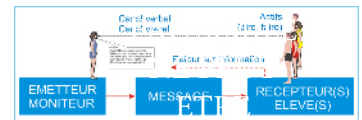
ipack_855.png



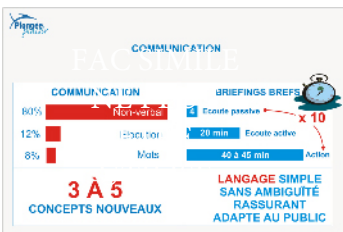
ipack_856.png



ipack_857.png



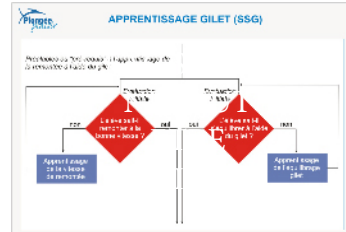
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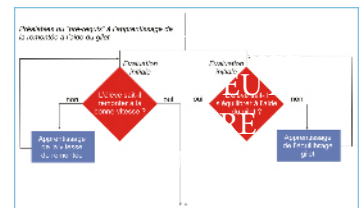
ipack_859.png



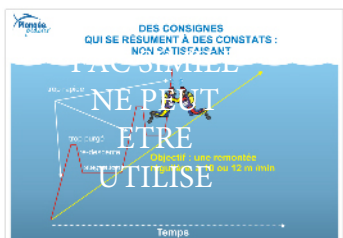
ipack_860.png



ipack_861.png



ipack_862.png



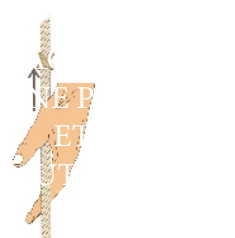
ipack_863.png



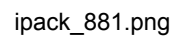
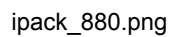
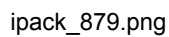
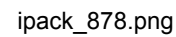
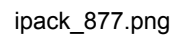
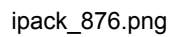
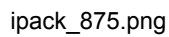
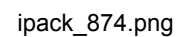
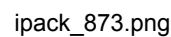
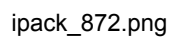
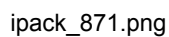
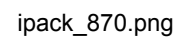
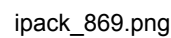
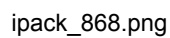
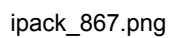
ipack_864.png



ipack_865.png



ipack_866.png



3. SIGNES DE PLONGÉE



Signes_03_maintien_prof.png



Signes_50_bars_reserve.png



Signes_100_bars.png



Signes_descente.png



Signes_detresse_nuit.png



Signes_detresse.png



Signes_essoufflement.png



Signes_fin.png



Signes_froid.png



Signes_manometre.png



Signes_ne_va_pas.png



Signes_Ok_nuit_surface.png



Signes_Ok_nuit.png



Signes_Ok_surface.png



Signes_Ok.png



Signes_panne_air.png



Signes_remonte.png



Signes_souffle.png

4. ICÔNES



SAMU

15_legende.png



15.png



POLICE
GENDARMERIE

17_legende.png



17.png



POMPIERS

18_legende.png



18.png



TOUTES
URGENCES

112_legende.png



112.png



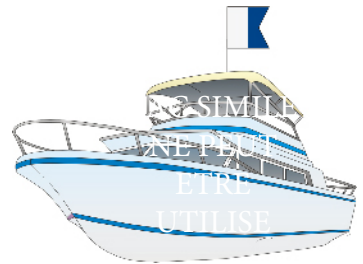
asn_70_legende.png



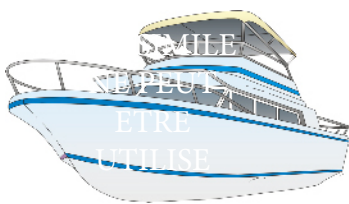
asn_70.png



avion.png



bateau1.png



bateau2.png



bouteille_tampon.png



bouteille.png



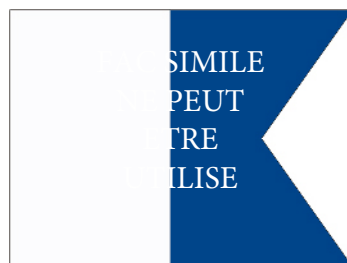
croix_rouge_secours_1.png



croix_rouge_secours_2.png



o2.png



pavillon_alpha_1.png



pavillon_alpha_2.png



pavillon_croix_saint_andre_1....



pavillon_croix_saint_andre_2....



pavillon_rouge_blanc_1.png



pavillon_rouge_blanc_2.png



personnage_bleu.png



personnage_jaune.png



personnage_mauve.png



personnage_noir.png



personnage_orange.png



personnage_rouge.png



personnage_vert.png



plongeur1_bleu.png



plongeur1_jaune.png



plongeur1_mauve.png



plongeur1_noir.png



plongeur1_orange.png



plongeur1_rouge.png



plongeur1_vert.png



plongeur2_bleu.png



plongeur2_jaune.png



plongeur2_mauve.png



plongeur2_noir.png



plongeur2_orange.png



plongeur2_rouge.png



plongeur2_vert.png



vhf_16_legende.png



vhf_16.png

5. LOGOS





logo_bathyfolages_trs.png



logo_bathyfolages.png



Logo_GAP_carre.png



Logo_GAP_horiz.png



logo_illustrapack_trs.png



logo_illustrapack.png



logo_illustrapack3_trs.png



logo_illustrapack3.png



logo_plongee_plaisir_bleu_trs...



logo_plongee_plaisir_bleu.png



logo_plongee_plaisir_gris_trs....



logo_plongee_plaisir_gris.png



logo_plongee_plaisir_orange_...



logo_plongee_plaisir_orange....



logo_plongee_plaisir_vert_trs....



logo_plongee_plaisir_vert.png

6. COUVERTURES





PP1_2012_330.png



PP1_2012_HD.png



PP2_2012_280.png



PP2_2012_HD.png



PP3_2012_280.png



PP3_2012_HD.png



PP4_2012_280.png



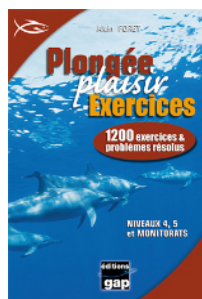
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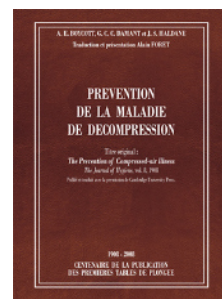
PP12_2012_280.png



PP12_2012_HD.png



PPE_280.png



pph_280.png



PPI_280.png



ppip_2012_280.png



ppip_2012_hd.png



ppm_280.png

7. CANEVAS DE COURS

LE RÉPERTOIRE « COURS » CONTIENT
DES CANEVAS DE COURS
AU FORMAT POWERPOINT (.PPT).

